

ANNUAL REPORT

2018-19



Narottam Lalbhai Rural Development Fund
(LALBHAJI GROUP)



ANNUAL REPORT

2018-19



Narottam Lalbhai Rural Development Fund
(LALBHAI GROUP)

Arvind Mills Premises, Naroda Road, Ahmedabad - 25.
www.nlrdf.org

Overview

Message from Chairman	5
From Executive Director's Desk	6
About NLRDF	7
Board of Trustees and Management	8
NLRDF Identity	9
Our Bankers and Auditor.....	10

Programmes and Initiatives

Better Cotton Initiative (BCI) - Programme.....	12
Solar and Wellness Programme in Tugar village in Khedbrahma Taluka of Sabarkantha District	19
Strengthening Community Networks to Promote Appropriate Maternal, Infant and Young Child's Health Nutrition Practices at Family and Community level.	23
National AIDS Control Programme in Dahej GIDC in Bharuch District	31
National AIDS Control Programme in Sabarkantha District	35
Red Ribbon Programme for awareness of HIV / AIDS among college Students.	38
Farmer Producer Organisation (FPO) Programme.....	39
Micro Entrepreneurship Development Programme.	41
Free Health Camp at Bhanvad, Dist. Jamnagar	43
Heartfulness Programme.	44
Representation of NLRDF in Government bodies	46
Block Placement for Students	46
Visitors.....	47
Engagement with Media.....	48
Abbreviation	50
Our Strength and Our Partners.....	51
Review Meeting by Management.....	52
Get in Touch	54



Message from Chairman



NLRDF has been quite active in bringing about social reforms in the rural and tribal area for more than 40 years. Along with its drive to bring changes in the age old traditions, beliefs and customs of the rural and scheduled Tribes, it has been aggressively working closely with Government, National and International donors, voluntary organizations and local agencies to improve the overall quality of life through imparting skills and providing income earning opportunities. NLRDF has been much concerned about spread of diseases like HIV/AIDS, infant mortality rate, malnutrition among children and adolescents, health problems, negligence and indifference towards general sanitation, among the poor and uneducated, Improvement of Agriculture yield and quality of life.

During the previous year, our trust has remained on the following:

- (a) AIDS Control Programmes.
- (b) Maternal and Infant Young Child Nutrition Practices
- (c) Micro Entrepreneurship Development Training
- (d) Farmer Producer Organisation.
- (e) Life improvement of Cotton growing farmers at Khedbrahma and Vadali, Sabarkantha
- (f) Solar and Health wellness programme in Tuar village
- (g) Heartfulness Programme.

NLRDF has been privileged to have financial and technical support from NABARD, Gujarat Stated AIDS Control Society, CHETNA, UNICEF, Anup Engineering Ltd. Anchal Spinning Pvt Ltd, Anmol Spintex Private Ltd, Fedbank, CottonConnect, University of Pittsburg- USA Business of Huminity (BoH), Apollo Telemedicine Networking Foundation (ATNF) for the current year.

I am pleased to acknowledge that team of dedicated volunteers from NLRDF has been instrumental for the success through their dedication, commitment and hard work. The use of audio-video tools and technology for illiterate rural and tribal women has been a major achievement and a source of inspiration for others. A bird's eye view has been captured well in the table annexed herewith of the scale, coverage and reach of the ongoing programmes.

I acknowledge with gratitude unstinted support and co-operation of the staff of NLRDF, Arvind Ltd., banks, various government departments and agencies, press and media and above all the beneficiaries for their confidence and trust in us.

I acknowledge the unflinching trust put in us by all the beneficiaries with whose cooperation we could this work.

I hope that in coming years we can do better and more work for further strengthening of our society.

Samveg Lalbhai

From Executive Director's Desk

I am delighted to present the annual report for the year 2018-19 encompassing an overview of the achievements of the organisation and a summary of key collective achievements through the year. Narottam Lalbhai Rural Development Fund (NLRDF) this year too, played a key role to reach benefits to the marginalised communities with prudent intervention. The organisation strived to implement the mandated projects to achieve positive results in the areas of health promotion, education, agricultural promotion, solar power, HIV/AIDS prevention, capacity building of women, among others.



We need to keep up this work, relentlessly and reinforce our position while remaining united and committed to our mission. Simultaneously, we must keep in mind that our organisation does not exist or operate in isolation, but thrives through the interaction and integration of the people who are part of it. I am grateful for the incredible amount of support we continue to receive from our team members and the community that we serve, and acknowledge that all the good work has been possible only through cooperation of all stakeholders.

The organisation has worked with multiple stakeholders: governmental bodies, media, private sector, international and national NGOs and multilateral organisations to create a platform and an understanding towards this marginalised and voiceless section of the society. I would like to acknowledge the financial support received from Anup Engineering Ltd., Anchal Spinning Pvt. Ltd., Anmol Spintex Private Ltd., United Nations Children's Fund (UNICEF), Gujarat State AIDS Control Society (GSACS), Business of Huminity (BoH), Apollo Telemedicine Networking Foundation (ATNF), Fed bank, National Bank for Agriculture and Rural Development (NABARD) Cotton Connect and University of Pittsburg, USA. I am also very thankful to the Board Members of NLRDF who have given their unceasing support in all our endeavors and provided strategic guidance over the course of last year.

We recognise that we all have a long way to go before our mission is accomplished truly. We are committed to continuing the journey with increased zeal, as we will not rest till every marginalised individual achieves better standards of living. And we all can look ahead into a better future and progress with renewed hope and enthusiasm.

I sincerely invite you to be a part of this journey of an organisation of common people with uncommon determination.

B. M. Shah

About NLRDF

Narottam Lalbhai Rural Development Fund (**NLRDF**) is a registered Non Government Organisation (NGO) founded in 1978 by **The Arvind Mills Ltd.** The organisation stands on the principles and philosophy of services to mankind with a genuine interest in integrated human progress and firsthand experience in diverse facets of social development.

In the last 40 years of its foundation, **NLRDF** has grown as a grassroots organisation striving for a holistic development. Our initial direct intervention was participating in the development process at the village level through specifically designed programmes.

OBJECTIVES:

The broad basic objectives of NLRDF in rural development can be summed up in the following words:

“Stimulating, initiating and setting into motion a process of development, which within a specific span of time would become self-sustaining and self-perpetuating, whilst monotonically reducing the relative disparities between various levels of the society”.

STRATEGY:

In order to evolve a strategy for the fulfillment of the objective, it was decided to emulate Mother Nature as far as possible. If we look closely at Mother Nature, the various facets of life are all inter-related and inter-dependent. It was accepted that NLRDF would take an overall integrated, total-view point in development intervention, while taking care of the various components that constitute the whole.

ROLE DIMENSIONS:

In the light of the above strategy for development intervention, the Trust carried out operations in various sector, like agriculture, social and farm forestry, horticulture, fodder development, animal husbandry, minor irrigation, rural electrification (street and agriculture related), roads, biogas, medical services, healthcare, nutrition, sanitation and disease control, non-formal education, adult education, vocational training of handicapped persons, watershed development, AIDS awareness and prevention, women’s empowerment, and women and children’s development to name a few.

STAFFING:

The Trust has a staff strength of over 48 people, most of whom are located in the rural areas and are qualified post graduates in various disciplines related to rural development and livelihood.

MANAGEMENT:

Structurally NLRDF is working under a Board of Trustees, the Chairman of the Board is directly responsible for the overall policy direction and guidelines for the Trust. The present Chairman is **Mr. Samveg A. Lalbhai.**

Reporting directly to the Chairman and the Board of Trustees is the Executive Director of the Trust, who has the responsibility of guiding policy formulation and providing necessary feedback for the same. He is also responsible for the strategic and operational planning of the Trust’s programme. The present Executive Director is **Mr. B.M.Shah.**

FUNDS:

NLRDF has so far been funded by the Arvind Mills Ltd. Ahmedabad, to the tune of Rs.36.6 Million. NLRDF has also been mobilising government funds directly for the beneficiaries of its programme as well as for certain infrastructural activities and other purposes of rural interest.

ADMINISTRATIVE OFFICE

Mr. K. P. Patel – Chief Manager

Narottam Lalbhai Rural Development Fund

Arvind Mill Premises, Naroda Road,

Ahmedabad - 380025.

email: kanti.patel@arvind.in | website: www.nlrdf.org

Tel.: 079 – 68268760

Board of Trustees



Shri Samveg A. Lalbhai
Chairman



Shri Anang A. Lalbhai
Trustee



Mrs. Jayshreeben S. Lalbhai
Trustee



Mrs. Anamikaben S. Lalbhai
Trustee

Management



Shri B. M. Shah
Executive Director



Shri K. P. Patel
Chief Manager

NLRDF Identity

- ❖ Narottam Lalbhai Rural Development Fund is a Voluntary Organisation registered under the Bombay Public Trust Act 1950 as Charitable Trust (Reg. No. E/3296/29.7.1978.)
- ❖ Narottam Lalbhai Rural Development Fund is registered u/s 12A of the Income Tax Act. 1961 No. N-83/ARV.
- ❖ All individual and corporate donations are eligible for exemption under u/s 80.G. The exemption under section 80 -G is available vide their letter No. DIT (E) /80G(S)/1176/06-07, dated. 20.9.2007
- ❖ Narottam Lalbhai Rural Development Fund is also registered under Foreign Contribution Regulation Act 1976 for accepting foreign donations and grants vide Registration No: 041910009 dated. 8.1.1985

Our Bankers and Auditor

State Bank of India	Naroda Road	Ahmedabad, Khedbrahma, Dahej
State Bank of India	Bhadra Main	Ahmedabad. (FCRA Account).
Kotak Mahinda Bank	Ellisbridge	Ahmedabad
Dena Bank	Idar	Sabarkantha

Name and address of Auditors

Sorab S. Engineers & Co.,
804, Sakar - IX, Near Old RBI,
Ashram Road, Ahmedabad - 380009.



PROGRAMMES AND INITIATIVES - 2018-19



Better Cotton Initiative (BCI) Project:

NLRDF implemented the Better Cotton Initiative (BCI) project with the support of Cotton Connect in 15 villages of Khedbrahma Taluka and 21 villages of Vadali Taluka of Sabarkantha District. A total of 4501 farmers with land up to 20 hectare benefitted from this project and cotton cultivation in about 10640.77 acre land was covered under this project.

The main objectives of the project were:

- To control pollution and to protect the environment
- To reduce cost in farming and to increase farmers income
- To improve the overall health of the farmers
- To improve soil quality

The situation of farmers in these Talukas was vulnerable before the BCI project began. The farmers were struggling with seed quality, less quantity of seeds, overuse of pesticides, taking good care of their produce, getting fair price for their produce and degradation of land which were very harmful to the entire farmer community. The BCI project came as a big help to the farmers which focused on crop protection, water and land management, quality of the cotton fiber produced and promotion of the good work being done by the farmers.

The project team was given Training of the Trainer (TOT) in the beginning of the project in which Agriculture experts from Cotton Connect and Krushi Vigyan Kendra (KVK) as resource persons trained them. The following subjects were covered in the training:

- Role of IP & PU
- Better cotton standard system
- Good work
- Method of baseline
- Entering details in Farmer's Field Book
- Health, Safety, Security and Environment

After the training, every field facilitator prepared details of farmers and planned Participatory Rural Appraisal (PRA) in 8 villages of Vadali and 7 villages of Khedbrahma Taluka. Participatory

Rural Appraisal (PRA) is a process conducted to identify needs of the farmers and plan further activities. During PRA, details were prepared on resources in the villages, cropping pattern, land, agricultural issues, etc. After PRA issues came out from the farmers, a group of 40 farmers was formed and they were given training on their issues and help with finding solutions.



TOT Programme

Under the BCI project, a Training of Trainer (TOT) was organised at AKRSP, Sayla. A total of 32 participants from 11 NGOs were trained in the TOT programme. The project team was given TOT in the beginning of the project where Agriculture experts from Cotton Connect and Krushi Vigyan Kendra (KVK) as resource persons trained the farmers. The subjects such as conducting survey, Health Safety, Security and Environment (HSSE), technical agronomics, child labour, wage equality, pre-sowing activities, crop management, supply chain were covered in the TOT. During the training, the participants learnt about Participatory Rural Appraisal (PRA), project cycle and importance of stakeholders. They also learnt about terminology of development and growth, and the process of preparing, disseminating Information, Education and Communication (IEC) and importance of IEC at the grassroots level. The participants learnt about the importance of documentation and photography and its necessity in project implementation. They also learnt about how to use their skills, knowledge and different tools in the field.

Activities conducted at the field:

Tree Plantation:

800 farmers from 36 villages participated in tree plantation activities and planted 1630 plants to protect the environment and to spread the message on conserving the environment and importance of the trees in our lives.

Wall Painting Work:

To generate awareness on Better Cotton Initiative in the interiors of villages, wall paintings were chosen as a medium. Such awareness drives helped the farmers to understand their problems better and also the importance of Better Cotton Initiative.



Demonstration Plot:

Under the BCI project, 32 demonstration plots were prepared in 32 villages and monitored regularly. Demonstrations were done systematically where Pheromone traps, drip irrigation, inter cropping were initiated. About 1271 farmers visited the demonstration plots and learnt about reducing costs in farming and increasing income. Farmers from other villages too came to visit demo plots and learn.

Soil Testing:

The purpose of soil testing was to understand the standard of soil quality and to determine a suitable treatment of soil, if required. This process works towards helping the farmers reduce their cost and increase their income with better yield. Soil testing was done by the KVK. Farmers were given training to follow the feedback and suggestions derived from the reports of samples taken from their respective farms. A total of 653 samples from 28 villages were taken.

Video Shows:

Video shows were planned and booklets were distributed to the farmers in the villages to generate awareness and educate them on developments in farming and adoption of scientific farming methods. Some of the topics covered were:

- The Importance of certifying the collected information on cotton
- Use and Storage of pesticides
- Water storage and irrigation
- Control of diseases and mites
- Process of farming, storage and selling
- Understanding about soil nutrients

School Awareness Activity: Some activities for children were organised to generate awareness among them on environment conservation, land and water management along with human resources. Competitions such as drawing, public speaking, essay writing, group discussions, etc. were conducted. Totally, 411 children from 18 schools took part in the activities.

CFC training:

CFC training was organised in which 2610 farmers from 32 villages participated and learnt about keeping the cotton free of contamination. Through this training, the farmers understood the whole process and the benefits accrued from contamination free cotton.



Farmers' Field Book (FFB):

Farmers Field Book (FFB) is maintained up to date by our Field Facilitator (FF) who regularly follows up with the farmers and keeps updating the FFB. Generally, the following details are recorded in the FFB - purchase of seeds, quality and quantity of seeds, use of NPK, water, labour charges and total production.

A complete set of FFB including agronomic data capturing sheet, Cotton POP containing BCS information, safe use of pesticides, compost and botanical preparation pamphlet and file were distributed from May to June 2018. In this activity, farmers were educated on how to write the cotton cultivation data on a given sheet, its importance and how it is useful with respect to BCI. This helped farmers to understand their expenses and profit.

Working with the Disadvantaged Group

The farmers who fall under the disadvantaged group were given awareness and information about different Government schemes and their benefits.

Ghar Diwda Project :

Under this project women get up to Rs. 50,000 loan. Women who are interested and have skills of entrepreneurship get Rs. 20,000 subsidy. 34 women were benefitted by this scheme.

Widow Pension Scheme:

Under this project, widowed women who are 18 to 40 years of age, get Rs. 900 per month and Rs. 100 for a child per month as pension by Women and Child Welfare Department, Gandhinagar. Under this project, 10 widowed women applied to be benefitted.

Old Age Pension scheme:

Old aged men and women under the age group of 70 years, who are living alone are eligible to get pension of Rs. 200 per month from Social Justice Department.

Aadhar Card scheme:

The organisation helped farmers and rural folk process their Aadhar card. 24 beneficiaries got their Aadhar Card made.

New Bar Code Ration Card:

Under this scheme, beneficiaries received assistance to get different certificates from Government.

Social Awareness Activity:

Under BCI project, social awareness activities were done in the villages. Farmers understood about the rights of children, what constitutes atrocities on women, issues of malnutrition, child marriage and health issues particularly faced by adolescent girls. Farmers also were given information about different schemes in agriculture and processes to get benefits of Government schemes; information also was given on animal husbandry. Farmers were encouraged to get benefits under different Government schemes, and were also encouraged to initiate SHGs. We have also messaged the details of the Government schemes to more than 2000 villagers.

Block Level Farmers' Training:

Under BCI project, NLRDF with the support of Cotton Connect, conducted training for the farmers of Vadali and Khedbrahma block. 250 farmers of 36 villages participated in the training and learnt about cultivation of BT cotton, selection of seeds, fertilisers, irrigation, production and also legal procedures besides the benefits of soil testing. Information also was given on different techniques of cotton production, control of diseases and importance of using organic manure. During the training, all the farmers were given a kit with the latest details regarding BT cotton.



Demonstration Plot & Field Day Workshop

Under the BCI project, NLRDF conducted training at Khedbrahma for the farmers of Vadali and Khedbrahma block. 200 farmers of 36 villages participated in the training where they learnt about different techniques of cotton production and their benefits, 7 principles of BCI and control of diseases and their solutions. The farmers also learnt about organic medicine, organic manure and vermi compost.



Exposure Visit

An exposure visit was organised in which 38 farmers participated. The farmers during their exposure visit learnt about how cotton is processed in a Mill and the various issues that crop up during cotton processing. They also learnt about how the quality of cotton is checked in the laboratory. They learnt step-by-step how cotton is processed through the entire chain to end in clothes manufacturing. Farmers learnt very useful lesson on taking care of cotton plantation through this exposure visit.



BCI Project - Activities during the Year

Sr. No	Activities	Participants -Staff Level	Participants -LG	Participants -Farmers
1	Capacity Building (TOT)	12	0	0
2	Programmatic and Pre-sawing Training	11	128	4501
3	Programmatic and After-sawing Training	12	128	3426
4	Staff Refresher Training	13	0	0
5	Internal Assessment Training	12	0	0
6	Gender Sensitisation Training	12	68	2107
7	Fiber Quality Training	24	0	2610
8	Soil Testing	0	0	200
9	Social Awareness work	0	0	562
10	Tree Plantation.	0	0	800 (1630)
11	Labour Training.	12	0	786
12	Training on Contamination Free Cotton.	12	0	3459
13	Water Management Training.	11	0	3133
14	Wall Painting.	12	128 (36 villages)	4501
15	Video Show	12	0	1841

Case Study

Name of Farmer : Ramabhai P. Vankar
Village : Agiya,
Taluka - Khedbrahmma,
District : Sabarkantha
Mobile : 9714954742
LG No. : INGJ-47
Farmer No. : INGJ-47-143-14
Age : 54 years
No. of family members : 6



The main source of income for Ramabhai's family is agriculture. He is associated with the project Cotton Connect for the last 2 years and has been reaping benefits from the project. He participated in modern farming techniques training in June 2018, saw farming techniques awareness videos which was very helpful to him. After attending trainings and meetings, he learnt how to purchase seeds. He shared that earlier he was not aware about the points to consider while purchasing seeds and was getting less yield. But now he has learnt the good practices of farming and irrigation, using organic manures and pesticides which convinced him to adopt good practices and to get good yields. Now he uses safety equipment while working in the fields and purchases seeds under the guidance of experienced farmers. He also earned a good price this year in Cotton besides, Tuver and Udad dals, which are popular lentils.



Appreciation letter from Schools for (BCI) Awareness Activities



॥ सा विद्या या विमुक्तये ॥

સાબરકાંઠા જિલ્લા શિક્ષણ સમિતિ સંચાલિત,
શ્રી અંબાઈગઢા પ્રાથમિક શાળા
 મુ.પો. અંબાઈગઢા, તા.ખેડબ્રહ્મા, જી.સાબરકાંઠા પીન-૩૮૩૨૭૦
 સી.આર.સી. : બાંકિયાનું તળાવ પૂથ : ઊંચીધનાલ બીટ : મહેડા
 મો.૯૪૨૨૨૪૦૯૩૩

તા. ૨૨/૧૨/૨૦૧૮

આથી લખી આપવામાં આવે છે કે નરીતમ લાલભાઈ રૂતલ ડેવલપમેન્ટ ફંડ યોજના તરફથી શાળામાં તા. ૨૧-૧૨-૨૦૧૮ ના રોજ દી-૭ થી ૮ ના શિક્ષણથી માટે પર્યાવરણ વિષય અંગત નિવંદી સપ્તાહમાં આયોજન કરવામાં આવ્યું તો ૨૫ બાળકોને દીનામ પિતરહા કરવામાં આવ્યું તો ૧૧ થી ૫ નંબરવાળાને દીનામ આપવા તથા સપ્તાહમાં બાળકોને પણ પ્રોત્સાહિત દીનામ આપ્યા.

પર્યાવરણ જાળવવા માટે સંસ્થા દ્વારા કરવામાં આવતા આ કાર્યો પ્રશંસનીય છે. અને શાળાના બાળકોને આ વિષયના લગતું જ્ઞાન મેળવવામાં આપવી સંસ્થા એ મહેદ કરે છે તે બદલ શાળા પરિવાર સંસ્થાને આભાર વ્યક્ત કરે છે.

દીના. કે. સ. રાજી

શ્રી હિંગરીયા પ્રાથમિક શાળા

આથી લખી આપવામાં આવે છે કે શાળામાં આયોજિત કાર્યક્રમોને કારણે બાળકોને જ્ઞાન મેળવવામાં આવે છે અને તેમની જાણકારીમાં વધારો થાય છે. આથી આપને આભાર વ્યક્ત કરીએ છીએ.

આથી લખી આપવામાં આવે છે કે શાળામાં આયોજિત કાર્યક્રમોને કારણે બાળકોને જ્ઞાન મેળવવામાં આવે છે અને તેમની જાણકારીમાં વધારો થાય છે. આથી આપને આભાર વ્યક્ત કરીએ છીએ.

શ્રી મહેડા (તા.) પ્રાથમિક શાળા

આથી લખી આપવામાં આવે છે કે શાળામાં આયોજિત કાર્યક્રમોને કારણે બાળકોને જ્ઞાન મેળવવામાં આવે છે અને તેમની જાણકારીમાં વધારો થાય છે. આથી આપને આભાર વ્યક્ત કરીએ છીએ.

Tuvar Village Development Project:

Professor John Camelis of University of Pittsburg - USA visited Khedbrahma in 2016 when he had come to Ahmedabad University, in Ahmedabad. During his stay in Ahmedabad University he met Shri B. M. Shah - Executive Director and discussed about developmental issues and subsequently, Professor John Camelis visited Khedbrahma Taluka. After the visit to Khedbrahma, Professor Camelis suggested a survey by NLRDF in Tuvar village of of Khedbrahma Taluka, which showed many surprising results.

Areas of development identified in Tuvar Village based on the survey:

- **Lack of Electricity** - During the survey, it was found that majority of households in the village did not have electricity. Out of these, 50 households were selected where there were school going children, old people in the families, small children in the families and marginalised farmers or agricultural labourers were living. These 50 selected households were given solar electric connection and also 3 LED lights, 1 table fan and a charging point was installed in each of these 50 homes.



- **Streetlight** - There were no streetlights in the street in Tuvar Village, Khedbrahma Taluka. Without streetlights it was difficult for villagers to go out in the night, particularly old people and children, and navigate in the dark. The problem of movement after sun down became more acute during monsoons when it is difficult to walk in the streets owing to water patches and insects infestations. 37 solar street lights were installed.



- **Community Toilets** - Only a few households were found to have toilets in the village. About 70% households did not have toilets in the village and people did open defecation. Due to this, women and the elderly faced a lot of problems. Women needed to wait till night to go to toilet in the village outskirts, and the elderly found it difficult to walk the distance to relieve themselves and children did their business in any open space they could find within the village. This made the situation very vulnerable for village people putting them at a risk of getting diseases and there were also safety issues. Looking at this situation, it was recommended to build 2 units of toilets, each consisting 5 toilets.



- **RO Plant** : Generally village people use water from open well which has high TDS. Due to this village people had the possibility of being affected by water borne diseases. Using untreated water for drinking may also create many health complications like kidney stone which is harmful to the villagers. So a decision was taken to set up a reverse osmosis (RO) plant in the village to mitigate water borne diseases and offer safe potable water for drinking to the villagers.



After the survey, Professor John Camelis and Dr. K. Ganpathi of Tele Health Foundation - Chennai visited the Tuar village and the following facilities were made available:

- Apollo Tele Health Center
- Solar power with DC distribution
- Solar length with 3 LED, 1 pedestal fan and 1 charger point in 50 households.
- Street lighting to improve security and ensure adoption of common toilets
- Common toilets with European Standard, Zero-Effluent Bio-Digester
- Community center providing common services
- Potable water to reduce turbidity, installed reverse osmosis (RO) with zero wastage

After the survey, Safe World Rural Services were implemented in the Tuar village and Gram Sabha was organised to pass resolutions for initiating the projects. The following are the resolutions that were passed and adopted:

- Selection of 50 beneficiaries for solar light
- Avail facilities accessible through solar light
- Maintenance and safety of solar light
- Solar light user group and committee
- Deposit for solar light connection
- Monthly contribution
- Bank account of the committee of solar light



Liaising with Gram Panchayat at local level, Mamlatdar office at District level and Water Supply and Drainage Board at State level was done by the NLRDF Staff.

Tuvar Health and Wellness Centre Project :

With a vision to provide sustainable, comprehensive and quality health care services, the University of Pittsburgh (UoP), Business of Humanity (BoH) in association with Apollo Telemedicine Networking Foundation (ATNF), Safe World Rural Services (SRS), and Narottam Lalbhai Rural Development Fund (NLRDF) have initiated Tuvar Health and Wellness Centre (THWC) project. The THWC project is a component of DC Heart initiative, which envisages promoting health and wellness among the rural communities in and around Tuvar village, Gujarat. The THWC project is unique, as it is a combination of health care and digital services. It not only looks at improving access, but also aims at achieving self-sustainability, especially with inclusion of DC power. The final goal of the project is to empower “bottom of the pyramid” individuals, to improve quality of life and contribute towards overall development.



The objective of the project is to provide health and wellness services to the tribal communities living in and around Tuvar village, using telemedicine as a tool. The THWC (Tuvar Health & Wellness Centre) in addition to providing specialty tele-consultations, will also provide laboratory tests for preliminary diagnosis, pharmacy for medicines, and an approved registered Common Service Centre (Digital India) for Digital Services.

At THWC we are providing the following health care and digital services:

Tele consultations:

- General Physician Tele consultations
- Speciality Tele consultations: Cardiology, Gastroenterology, Obstetrics & Gynaecology, and Orthopaedics etc.

Laboratory Services

- Laboratory tests like: Blood Sugar, Urine Routine Micro, HbA1C (glycosylated haemoglobin), Lipid Profile, Thyroid, Troponin I, CK-MB, Malaria and Dengue rapid tests, and Serology rapid tests

Pharmacy Services

- Dispensing medicines

Health Profiling

- Health screening for the communities in and around Tuvar

Social Health Education

- Providing awareness on Health Care, by Health Promotion through Social Health Education

Common Service Centre

- Digital Services for the communities in and around Tuvár

The project was formally inaugurated in a special event in which Shri B. M. Shah - Executive Director, Dr. John C. Camelis - University of Pittsburgh, USA, Dr. K. Ganpathy from Chennai, Dr. Manish Fancy from Health Department, Govt of Gujarat and Shri Naval Kannor - DDM NABARD, Sabarkantha, Shri Kantibhai Patel - Chief Manager, NLRDF were present at the event and encouraged the villagers to get maximum benefits from the services.

During the event, Shri B. M. Shah appreciated the coordination done by University of Pittsburgh - USA, Apollo Telemedicine Networking Foundation (ATNF) - Chennai, Narottam Lalbhai Rural Development Fund (NLRDF) and Gram Panchayat to initiate this project. He appealed to the villagers to run these facilities responsibly. Prof. John Camelis of University of Pittsburg - USA said that every remote areas of India should get facilities as those that are available in America, and this was only the beginning. Dr. K. Ganpathi - Apollo Telemedicine Networking Foundation (ATNF) - Chennai stated that 1000 such centers should be established.

Dr. Manish Fensi - District Health Officer appreciated the work done in 18000 villages of Gujarat, and mentioned that even small villages have started reaping the benefits of these facilities, as they are very helpful. Shri Naval Kannor - DDM, NABARD also mentioned that there was a major impact of agricultural development on the villages. NABARD will encourage others to follow this role model in their villages. Shri Jayantibhai Gamar, the Village Representative was very happy and shared that the project had done a great job by providing such necessary facilities in the village. He further reiterated that the village being located in a highly remote area, needed these. He appreciated the building of toilets in the village and hailed it as a very right decision which led to improvement in the plight of women, children and old people in the village.

At the end, Dr. K. Ganpathi - Apollo Telemedicine Networking Foundation (ATNF) and Shri B. M. Shah had handed over the services to the village. Dr. K. Ganpathi gave information on the Apollo Services, and then visited the beneficiary families. He inaugurated the services of LED lamp, fan and mobile charger point, and then also visited the newly built community toilets.



“Strengthening Community Network to Promote Mother Infant Young Child Nutritional practices at Family and Community level towards Malnutrition Free Villages in Sabarkantha”

The programme is implemented with the support of UNICEF - Gandhinagar. As apparent from the name, the main objective of the project is to promote good nutrition and dietary practices of mothers as well as infants and young children at the family and community level.

Process of Survey :

Village wise list of pregnant women and adolescent girls was prepared after a survey. Children of Anganwadi were divided into different grades based on their health parameters and given different colour coding - green, red and yellow. A survey was done in very remote villages to identify the places where people were not getting the benefits. A list of the village women and children was prepared, all the children in a village were weighed and divided into different categories, and were registered in Anganwadis to avail the benefits. Women were given information about different schemes from which they could benefit.

Discussions were held with Milk Cooperative, SHGs, SMC and Panchayat members and motivated them to prepare kitchen garden and a nutrition corner in the Anganwadi and schools.

This survey was done in 102 villages of Khedbrahma and Poshina block of Sabarkantha District and a report was submitted to the organisation.

Remote hamlets in the Taluka in which pregnant women, adolescent girls and children were newly identified, were registered in the Anganwadi to benefit from different schemes.

Details of Survey done by NLRDF:

Sr. No.	Cluster	No of AWC	Pregnant Women registered in survey	Lactating Mothers registered in survey	Malnutrition children registered in survey				Adolescents registered in survey	Total No.
					Green	Red	Yellow	New		
1	HINGATIYA	23	185	168	750	328	420	138	286	2275
2	KHEROJ	29	293	303	1274	508	638	320	503	3839
3	G.SHAMALAJI	20	204	158	813	196	318	81	406	2176
4	LAXMIPURA	28	230	238	1243	171	352	52	379	2665
5	DELVADA	24	336	323	1256	391	537	252	435	3530
6	SALERA	23	282	255	1101	229	377	104	575	2923
7	DANTRAL	25	294	258	1556	275	393	101	452	3329
8	LABADIYA	20	261	233	1231	446	571	430	369	3541
9	POSHINA	24	293	284	1443	318	585	195	443	3561
	TOTAL	216	2378	2220	10667	2862	4191	1673	3848	26166

Village Social Map:

In each cluster, one village was chosen for social mapping by NLRDF team. This process involved all villagers, especially women and our organisation staff prepared a social map of the village. In this map, the village's Anganwadi center, primary school, beneficiary houses, Bhuva house, Village Volunteers' house, panchayat office, milk cooperative society malnourished children's house were shown. This Social mapping exercise was undertaken to understanding the people featuring in this social map, better.



At the end of the exercise of preparing a social map of a village, the villagers were given a nomenclature based on the finding. For example, a clean village or an undemocratic village, so on and so forth.

Anganwadi Visit:

The Technical Resource Person (TRP) visits Anganwadi in the village to make the Anganwadi more efficient and regular. During the visit, the TRP checks the records of children, presence of children and meals if they were according to the predetermined menu.

Bal Tula Day was celebrated at the Anganwadi center in which children of 0 to 2 years of age are weighed. The parents of children were given information about their child's weight and the previous and current grades.

Visit and Refer children in CMTC :

At the Anganwadi, children of age 0 to 2years are weighed and Mothers of the malnourished children along with the infant were taken to CMTC. The underweight children are admitted to the community health center run by the state government. There, they were provided nutrition and medicines until the weight of the child reached acceptable levels. Then they were sent back to their respective Anganwadis for further care and monitoring.



Mamta Day Celebration:

During Mamta Day celebration, pregnant women were given an understanding of the process of immunisation, vaccination, importance of vitamin A and prevention of measles by making a presentation to the mothers of children who have completed 9 months of age.

Home Visit :

Home visit is very important for educating parents to enable mothers and family members to plan an effective role in their child's growth and development with special emphasis on the best nutrition practices for infants and young children. The project also envisaged the importance of home visits by the Village Volunteers and Anganwadi Workers. To improve the quality of home visits by Anganwadi Workers or Village Volunteers, different conceptual visual aids like flip chart, flash card, Mobisodes, FFL video films and story books were developed. These visual aids acted as references material for the team to review and prepare in advance, and carry along to use while counselling the beneficiaries.



FFL Video Show :

The Facts For Life (FFL) Video Show provides parents and caregivers with essential information that can help improve and save children's and mothers' lives. The Video shows named "Kyunki Jeena issi Ka Naam Hai" imparts messages in an entertaining fashion to rural audiences. These videos focus on social and behaviour changes through communication and are made for small group viewing, learning and discussion. They are designed to be used as interpersonal communication tools by frontline workers and Village Volunteers in giving out important information to women and caregivers. The videos are designed to promote participation and discussion by women who attend the video shows at the Anganwadi Center. The video series augmented communication efforts in a small group setting. They aim to promote changes in knowledge, attitudes, practices and beliefs that relate to the MIYCN Practices and Care during pregnancy.



These videos were designed and expected to help rural women:

These videos were designed and expected to help rural women:

- ❖ Understand the benefits of recommended behaviours
- ❖ Address some of the constraints in their social environments
- ❖ Adopt simple household behaviours that are beneficial
- ❖ Access frontline workers (like Anganwadi Workers, ANMs, ASHAs, Panchayats, etc) in their Communities for help

Use of Flip Chart and Mobisode :

Flip charts were used for presenting ideas in a display format. Each illustrated sheet presented only the most important ideas; pictures accompanied by short, simple text written in a font that is easy to read. It was conceived and developed as an informational, motivational, and educational tool that could communicate the strategic importance of MIYCN, Child Care and Care during Pregnancy in rural areas.



The three objectives-to inform, motivate, and educate-were achieved by inviting reflection on the “stories” that were presented. A story is presented on each page of the flip chart. Through individual or collective reflection about the images, new stories, behaviour, lessons, and conclusions were presented that will enhance the adoption of correct behaviour on MIYCN practices.

Mothers Support Group :

Mothers Support Group (MSG) was formed to strengthen MIYCN programme. It consisted of 10 to 12 women including Anganwadi worker, Nurse, village volunteer, Asha worker and such mothers who are mature and understand the concepts well. The groups meet monthly and discuss about different issues related to child development, pregnancy, nutrition, etc.



MSGs play a strong and key role in counselling, information dissemination and group discussions to enable women to practice breast feeding and child care efficiently. MSGs have learnt to provide moral support to women and sensitising their families towards women’s rights and needs.

Village Health And Sanitation Nutrition Committee (VHSNC) :

VHSNC has been formed by the Government in the villages to take care of health issues at the village level. The committee consists of 10 to 12 members including members of Panchayat and village leaders - comprising both men and women. The committee takes leadership at local level, concerning health and its related issues. The committee meets regularly and discusses on different issues.



The VHSNC is responsible for the overall health of the village. It will take into consideration the problems of the community, the health and nutrition care of the villagers and suggests mechanisms to solve it.

VHSNC creates public awareness about the essentials of health programmes, with a focus on enhancing people's knowledge on entitlements to enable their involvement in the monitoring. VHSNC analyses key issues and problems related to village level health and nutrition levels, give feedback on these to the Medical Officer of the PHC.

VHSNC takes note of every maternal or neonatal death that occurs in the village, analyses it and suggests necessary action to prevent such deaths.

SHG Meetings :

SHG meetings were held to explain the use of equipment and aids distributed. 40 such SHG meetings were held and 369 members attended this meeting. Other groups like Swaddhyay Parivar, Local Bhajan Mandal, Primary Teachers group were also covered in this programme.

Meets for Adolescent girls :

We have organised meets for adolescent girls and have given them information on the following issues:

1. The benefits of taking Iron tablet
2. The health and hygiene of the body and its benefits.



SMC Meeting:

The members of School Management Committee (SMC) discussed the issues concerning pregnant, lactating women, malnourished children and adolescents problems, and how SMC could contribute in creating more awareness about the health measures at the village level.

Meeting of the Chairman of the Milk Service Co-operative Society:

The meeting of the Chairman of the Milk Service Co-operative Society was organised by the Executive Members in which the understanding of good nutrition was given, discussions were undertaken about pregnant women, lactating mothers and malnourished children's milk consumption and how to increase it.

SEZA Meeting :

A Seza is a group of 25 Anganwadis established by the state government for easy coordination and governance. Every Seza meets once in a month under the leadership of Anganwadi supervisor and the performance data of each Anganwadi for the month is submitted and discussed. Problems faced are also discussed and solutions are derived. The Foundation's Technical Resource Person attends these Seza meetings for better coordination of our efforts along with those of the state government. Sometimes the Block Resource Person attends these meetings too. We also discuss medical issues with the Medical Officer of the Block.



Coordination Meeting with Integrated Child Development Services :

- A meeting was organised with ICDS in which discussions were held on conducting regular activities, registering the beneficiaries in the Anganwadi and distributing Take Home Rasan (THR) to the beneficiaries.
- The Krushi Mela was organised by the Agriculture Training Center and ATMA Project on in Khedbrahma, in which the MIYCN project run by Narottam Lalbhai Rural Development Fund (NLRDF) was exhibited on a green vegetable stall in the Krushi Mela.

A meeting was organised with ICDS in which the following issues were discussed:

1. Initiatives to be implemented during the nutrition month.
2. To register the beneficiaries in the Anganwadi who were not covered during the survey by NLRDF team.
3. To distribute THR to the beneficiaries who were newly registered after the survey in the Anganwadi.
4. To inform about the Seza meeting to all staff members so that they remain present in the meeting

Agriculture Fair :

Agriculture fair was organised by Krushi Vigyan Kendra and ATMA project at Khedbrahma Taluka. NLRDF under the UNICEF project participated in the Agriculture fair and presented an exhibition of green vegetables such as green fenugreek, spinach, green garlic, radish, carrots, cabbage, drum stick, etc.

The representatives of the organisation disseminated awareness and education to the farmers, mothers, pregnant women, adolescent girls and the public about benefits of eating green vegetables. Pregnant women and mothers benefit more with the consumption of green vegetables, which help in increasing their immune system, breast feeding and support good growth of infants. Awareness and importance were given on having green leafy vegetables, spinach which has plenty of vitamins, minerals and disease-fighting properties, besides being rich in fiber.

About 1500 to 2000 people took benefits from the exhibition of green vegetables. Visitors responded that the exhibition was very helpful in understanding the importance of leafy and green vegetables in our daily life.



Interaction with NSS students on Nutrition :

The Foundation organised a nutrition awareness programme to help the villagers understand the importance of a healthy diet and nutrition.

Awareness programme under MIYCN project on Nutrition was held with the NSS students at Khedbrahma. Representatives from the Foundation interacted with the NSS students on different issues such as how breast feeding helps infant physically and mentally. Students had in depth interactions and discussions, and were encouraged to visit the villages to disseminate awareness and education on having good nutrition, particularly to parents and pregnant women. The students prepared slogans and displayed in public places in the villages. During the programme, interaction was held on different types of food, good food choices, available sources of nutrition, healthy food preparation techniques, etc.

Shri Natubhai Patel, Principal - Arts and Commerce College, Khedbrahma, Shri K. D. Patel from KVK were present in the programme and encouraged students. About 100 students participated in the programme.

Nutrition Week Celebration :

Malnutrition is a serious problem that India is grappling with and inspite of record food production, there is a huge chunk of population which requires proper diet for the right body growth and good health. Our government and many NGOs are taking initiatives to make India free of Nutrition issues and there are many for Pregnant Women, Children and Adults. To support the mission and to disseminate awareness and education, the - Foundation celebrates Nutrition Week to highlight the causes, effects and countermeasures of malnutrition. Nutrition Week focuses on the problem of malnutrition or under-nutrition, especially amongst the children and women in rural areas.

Beneficiaries of 8 villages participated in the Nutrition Week Celebration. Different stalls of green vegetables, pulses, fruits and food were arranged during the week long celebration. Representatives from the Foundation, Anganwadi workers, Asha workers discussed with the people and generated awareness on the use of vegetables, pulses, fruits, etc.

A Gram Sabha in 1 village and Gram Panchayat meetings in 5 villages were planned and organised where healthy nutrition, benefits of Government schemes for Anganwadi, and taking care of pregnant women, mothers and malnourished children were discussed.

Meetings were conducted with adolescent girls in 11 villages in which 765 adolescent girls participated. During the meeting, the Foundation team disseminated awareness and information on different issues they face, like sexual diseases, healthy nutrition and about Iron Folic Acid (IFA) tablets.

A Nutrition rally was organised in 8 villages in which 435 people participated. During the rally, awareness on health and nutrition related issues was spread in the villages through slogans, banners, flip cards, etc.



Youth meetings were organised in 8 villages in which 273 people participated. During the meetings, discussions were held on different issues such as child marriage, sexual diseases and nutrition.

School meetings on Anaemia were held in 7 villages in which 625 people participated. The Foundation team had discussion with children in their schools, on the causes of anaemia, its prevention, use of IFA tablets, and health and hygiene.

The Foundation team conducted meetings with farmers in 7 villages in which 265 farmers gathered. Meetings were very much helpful to the farmers as there was interaction on different issues faced by the farmers. Information and awareness was given to the farmers through participatory discussions on organic manures, organic medicines, and cultivating green vegetables by preparing kitchen garden and controlling diseases in farming.



National AIDS Control Programme with Migrant Workers at Dahej, Dist. Bharuch

NLRDF implements AIDS Control Programme with the support of Gujarat State AIDS Control Society, Ahmedabad in Dahej - Industrial Area of Bharuch District. The Foundation implements the project for the migrant workers and spreads awareness on HIV/AIDS among them.

There is a huge migrant population in the Dahej Industrial Area Dist - Bharuch from Bihar, Rajasthan, Madhya Pradesh, Punjab, Orissa and other districts of Gujarat of the age group of 18-49 years. Their literacy level is low and due to high unemployment in their native places, they migrate to the Dahej industrial zone in search of employment and have an average earning of Rs. 8000 to 15000 per month. They either live at their work-place or rental places with their co-workers. They visit their families annually/biannually at their native place. They spend 10 to 12 hours in their work place. Excess money and being away from family makes them vulnerable to indulge in high risk activities.

This project helped to scale up and to reach out to the targeted population groups. The interventions under this programme included:

- ✓ The provision for behaviour change interventions to increase safe practices, testing and counselling, and adherence to treatment, and demand for other services
- ✓ The promotion and distribution of condoms to the high risk groups to promote their use in each sexual encounter; Provision or referral for STI services including counselling and for treatment

IPC Meetings

Inter Personal Communication (IPC) is a very important process. According to the process 10 to 12 migrants are mobilised and are given awareness and education on HIV/AIDS.

Counselling

Counselling is a very crucial step after IPC. Counselling help migrants to understand their issues and makes them stronger which helps them in their treatment process. After identifying the high risk groups through Inter Personal Communication, it is registered by the counsellor.

Health camps and testing

The Foundation made efforts to provide health services to beneficiaries through health camps. The health camps focus on providing solutions, information dissemination and preventive health care practices. The objective of conducting the camps was to create awareness and offer counselling about general health and health care issues, as well as provide non-specialised health care services. 25 camps were planned for each month and are successfully held.



Demand generation activity

This activity focuses on generating awareness and sensitisation on treatment of HIV/AIDS, ICTC testing, STI, using condoms etc. After ten days of the programme, the team plans follow up sessions to monitor and assess the progress. Specific visits to the migrant colony were planned and the project staff met about 80 migrants in the colony, and the migrants were provided essential services by placing stalls at the colony through which they could get information regarding their health, use of condoms, SIT treatment and also other related information through IEC.

Rally

A rally in coordination with primary school was organised to generate awareness of HIV/AIDS. Slogans were prepared. School teachers, children and people from the colony participated in the rally.

Poster exhibition

Poster exhibition is an effective medium to generate and disseminate education particularly among migrants on HIV/AIDS. Poster exhibition was organised through which people from the migrant colony got awareness and understanding on HIV/AIDS.

Peer Educator Meeting and Training

In this meeting and training, a local person was identified as P.E. and helped them to understand about HIV/AIDS related information, benefits of testing and health camps. Generally P.E. is trained and guided by ORW, Counsellor and PM.

Stakeholder meeting

Medical staff, contractors, Sarpanch, etc. are the stakeholders who play an important role in supporting the programme. They meet and discuss pertinent issues.

Drop In Center (DIC) Meeting

Migrant workers come to DIC to share problems and get counselling. They are also registered for HRB here and services are provided.

Street Play

The Foundation organised street plays to generate and disseminate awareness and education among people on HIV/AIDS. This activity was very helpful to develop an understanding on HIV/AIDS and to sensitise people on the subject.

Condom Distribution

There is a possibility of migrant workers who do not use condom being afflicted with HIV. To avoid such situations, the Foundation has arranged to provide condoms at a low cost to the migrant workers. These condoms were made available at tea stalls and paan shops.

Community Based Screening (CBS)

Migrant workers find it difficult to go for HIV testing at designated centers during their working hours, so the Foundation started Community Based Screening (CBS) services. HIV testing is done at the field, in the health camp. This helped migrant workers easily access HIV testing and save time. Now the number of migrant workers who opt for HIV testing has gone up.



Congregation Event

Public places like entrance of the village, stalls, shops, gardens are called congregation points where migrant workers gather. The Foundation conducts events at such points and disseminates awareness on HIV/AIDS and condom usage promotion.

World AIDS Day Celebration - Dahej

World AIDS Day was celebrated on 1st December 2018 by NLRDF with the support of Gujarat State AIDS Control Society for migrant workers at Dahej, Bharuch District. To mark this occasion, a week long celebration was planned.



The awareness programme was planned at Welspun, S.R.F and Farmanic Companies and the workers of the companies participated in the programme. In the beginning, the team gave information about the programme and then Creation Group performed a drama on awareness about HIV/AIDS, Tuberculosis and cleanliness. Later, the NLRDF team distributed IEC materials to the workers and also condom usage demonstration was done.

On 2nd December, the programme was organised at Vidya Circle in Dahej. Creation Group performed a drama on awareness about HIV/AIDS, Tuberculosis and cleanliness. We received positive feedback and responses from the public.



On 3rd December, a field visit was organised by the support of Jubilent Company. The Foundation team disseminated information, and spread awareness and education to Anganwadi workers and school children of Vilayat village during the field visit.

On 4th December, an awareness programme was planned at Bharuch Railway Station. During the programme, the team of NLRDF, RNTCP and PLHIV group distributed red ribbon and IEC materials.

On 7th December, the Foundation organised a programme at Adama and Lubrizol Company. The team distributed red ribbons and IEC materials, and discussions were held on prevention of HIV/AIDS.

Overall awareness and education on HIV/AIDS, tuberculosis and cleanliness were disseminated through a drama, distribution of IEC materials, discussions, etc. Many media such as Narmada Channel, City Channel, in Bharuch took note of the efforts of the Foundation.



No.	Activities	Population Covered
1	No. of IPC conducted	3130
2	No. of migrants contacted through IPC session	44553
3	No. of migrants registered	10409
4	No. of Demand Generation Activities	24
5	No. of Health camps organised	247
6	No. of migrant treated for STI	99
7	No. of outlets established	51
8	No. of ICTC Referrals	4263

No.	Activities	Population Covered
9	No. of HRG tested for HIV	2190
10	No. of migrants counselled	6113
11	No. of migrant who visited NGO Clinic	5799
12	No. of condoms Distributed	69789
13	No. of Advocacy meetings	32
14	No. of Staff Meetings	57
15	No. of one day P.E. meetings	12
16	No. of street plays	12

National AIDS Control Programme in Sabarkantha :



NLRDF implements AIDS Programme with the support of Gujarat State AIDS Control Society, Ahmedabad at Idar, Vadali, Khedbrahma and Himmatnagar and Pratij of Sabarkantha District. 610 FSW and 390 MSM are covered under this programme. The Foundation helps FSW and MSM for regular medical check-up and further treatment if they have any sexual diseases. Counselling helps very much in such cases. If they are found positive, they are given systematic counselling which helps them to change their state of mind from risk to safe practices. Different meetings such as DIC, STR committee, demand generation, hotspot, and advocacy are held and health camps were organised.

The following services were provided under the project:

- RMC
- HIV Testing
- Services to HIV affected people
- Counseling

Exposure visit

An exposure visit was organised for the targeted group at Vanita Shishu Vihar, Ambaji. 30 people participated in the exposure visit. Niruben Patel - Project Director, Vanita Shishu Vihar gave information about the Foundation and a discussion about their experiences was held.

Homosexual group meeting and Garba

CDHO in the meeting interacted with a group of homosexuals about their issues and helped in bringing solutions. The group discussed about different topics such as treatment, unemployment, not acceptance from society, need for training for employment, etc.

A programme of garba was organised for the homosexuals in which 60 to 70 people were present. During the garba programme, people were given awareness on Targeted Intervention Project and services provided to People Living with HIV (PLHIV). The event was very well received and people participated in the event voluntarily and enthusiastically.

Health Camp

Pre-preparation was done about health camp and then the health camp was organised at Primary School, Marina Chhaparia, Himmatnagar. 237 people attended the health camp and took treatment. Out of these, there were 30 men and 207 women. The camp was very helpful to the people.



Community Event

A community event was organised at Sampad, Sabarkantha District. Garba was planned in the event. About 70 participants including MSM, KP and village people attended the event. Information on services provided under TI project was given to the people.

FSW meeting

The meeting of FSW was conducted at Urban Health Center, Himmatnagar. In the meeting, discussions were held on the issues faced by FSW and how they can be solved. The issues such as police raid, alcoholic customer, behavioural issues and others relevant topics were discussed in the meeting. During the meeting, they came out with different and possible solutions like making sanitary napkins, starting beauty parlour, dairy parlour, tea stall, tailoring, selling vegetables, etc.

Dr. M. J. Fensi - CDHO, Himmatnagar, Dr. Bhati - District Disease Control, Dr. Ramaben - Ayush Medical, Derol, Himmatnagar, Dr. Jayeshbhai Parmar - THO, Himmatnagar, Anginaben and Kartikbhai from Chetna were present in the awareness programmes.

Dr. Bhati interacted and gave information about different issues females face and their solutions. Women participated very well in the programme and discussed their issues and experiences.

The following were the issues discussed by the women:

- Raid by Police
- Drunkard customers
- Rude behavior

Dr. Bhati further discussed following possible solutions:

- Preparing sanitary napkins
- Opening beauty parlour and dairy parlour
- Tea stall
- Tailoring and handicraft making
- Vegetables selling etc.

World AIDS Day Celebration:



World AIDS Day was celebrated on 1st December 2018 and celebration continued for a week under the AIDS programme with the support Gujarat State AIDS Control Society at different places. The team in the meeting disseminated awareness and education on HIV/AIDS and discussed sexual diseases and treatment with the group.

On 1st December, an awareness programme on HIV/AIDS was organised at ITI College, Vadali. The team interacted with the students about HIV/AIDS and sexual diseases and answered the students questions.

On 3rd December, an awareness programme was planned at ITI College, Sapavada. The college students were given awareness and education in different groups of boys and girls and had interactions with them on prevention of HIV/AIDS followed with a question-answer session.

On 6th December, awareness programmes were organised at ITI College and Kanya Vidhyalaya, Khedbrahma. The team disseminated awareness and education on HIV/AIDS, sexual diseases. The students interacted well with the team and got information about different aspects of HIV/AIDS.



Sr. No.	Particulars	Achievement
1	Coverage	9081
2	STI clinic Visits	3104
3	Regular Medical Check ups	2948
4	Presumptive Treatments	148
5	STI Treatments	8
6	HIV Testings	1592
7	RPR Testings	1631
8	Counsellings	1144
9	Free Condoms Distributed	156305
10	Hotspot & Demand Meetings	47
11	P. E. Meeting	12
12	DIC Meetings	26
13	Crises Meetings	3
14	Stakeholder Meetings	3
15	STI meetings	12
16	DIC committee Meetings	26

Red Ribbon Programme:



NLRDF implements Red Ribbon Club Programme with the support of National AIDS Control Organisation (NACO) and Gujarat AIDS Control Society.

The youth of the colleges are encouraged to learn about safe and healthy lifestyles. The Foundation promotes awareness and education on HIV/AIDS and voluntary blood donation. The programme helps youth to take up volunteerism to contribute towards the control and prevention of HIV&AIDS.

Objectives of the Programme

- To reduce new HIV infection among youth by raising their risk perception through awareness on Sex, Sexuality and HIV & AIDS
- To induce among youth, the spirit to help and support People Living with HIV/AIDS (PLHIV) there by reducing stigma and discrimination against PLHIVs
- To motivate youth and build their capacity as peer educators and become change agents by developing their skills on leadership, negotiation, and team building
- To promote Voluntary non-remunerated Blood Donation among youth

Awareness and education were disseminated through folk show, discussions and exams. The students participated and interacted very well in the programme. The students from Vadali Arts College, Polytechnic College, Vidhyanagari College - Himmatnagar, Divya Chetna College - Bhetali, Vadali Commerce College, Ardekta College - Khedbrahma, Arts and Commerce College - Khedbrahma, Sabar Gram Seva Mahavidhyalaya - Sonasan, Nursing College - Idar and Himmatnagar participated in the programme.



During the event, the following questions came from the students:

- How HIV came in the country?
- Why is the colour of HIV/AIDS log red?
- If mother is HIV affected, can her children get HIV?
- Where to go for HIV testing?
- How many HIV affected people are there in Sabarkantha District?
- How does HIV virus spread?
- What is ART?
- What kind of services are provided by PPTCT?

Feedback and Suggestions by the Colleges

- An event should be planned during semester, so that the majority of students can participate in the event.
- This event also should be linked with NSS and NCC, which can be good platforms to disseminate awareness on HIV/AIDS and to reach village people.
- Blood donation camps also should be planned.



Outcomes

- College students acquired in depth knowledge well about HIV/AIDS and now can spread awareness further.
- Many college students went to ICTC for HIV testing.
- Colleges understood the importance of such events which is very helpful to the students as well community.
- The programme helped to trace the knowledge, attitude and behaviour of the youth in the interrelated areas of Voluntary Blood Donation, HIV & AIDS.

Farmer Producer Organisation Project :

NLRDF initiated the project of Farmer Company and as a part of this, a meeting was planned with the farmers of Khedbrahma Taluka. The purpose of the meeting was to generate awareness among farmers about FPO. DDM NABARD interacted with the farmers on issues such as *process of FPO and forming FPOs, importance of farmers' organisation, forming board of directors, shareholding, capacity building, roles and responsibilities, registration process of FPO marketing and profit*. 2 FPOs named ***Khedbrahma Tribal Agriculture***



Producer Company Limited and Nirankush Agriculture Producer Company Limited were formed under the Company's Act. Exposure visits were organised for the Board of Directors and members at Krushidhan Agro Producer Company Limited, Modasa, and Viksat organisation. During the exposure visits, the farmers learnt about running FPOs and their roles and responsibilities. They also learnt about the process of making depo of seeds and fertiliser. Farmers also visited other members of FPO in the village and interacted about their experiences, and also visited vermicompost bed and a shop selling agricultural products.

Exposure Visit - Farmer Producer Organisation :

NLRDS organised an exposure visit in association with FPO at Krushi University, Navsari District, South Gujarat. During the exposure trip, the farmers visited different places such as Krushi Vigyan Kendra (KVK) Navsari, Navsari, Amalsad cooperative society-Amalsad, BAIF-DHRUVA , Lachhakadi, Vandsa organisation etc. The farmers received information and knowledge from different experts and resources.



At Krushi University, the farmers interacted and understood methods to make agriculture more effective and productive. They watched a video clip on mobile starter, received information on different mobile applications which may help them to make their production and post-production more result oriented and information about crops, prices, Government schemes, weather, etc.

Farmers also discussed and understood different crops with low cost and good quality, and proper use of manures and pesticides, animal husbandry and fodder. Farmers visited vegetables, sugarcane, sapota, mango and coconut farms. They also visited fishing farms and met fishermen. They learnt about using medicines and techniques to control disease in the crops.

They visited BAIF organisation in Lachhakadi village. They understood about horticulture and how cooperatives work. They also visited some of the farmers' houses where they saw kitchen-garden and understood its concept.



Micro Entrepreneurship Development Programme :

Narottam Lalbhai Rural Development Fund (NLRDF) started two MEDP Training on Beauty Parlour and Masonry work at Khedbrahma Training for 13 days in 2018 May, which was sanctioned by NABARD.

On the first day of training DDM - Sabarkantha NABARD, Mr. Naval Kanor was present and gave details on NABARD and its various schemes. He explained the importance of this training and its opportunity for work/employment in the future after the successful completion of the training. He also highlighted the gender inequality in the society and the requirement for women's empowerment and skill upgradation for employment.

Mason Training Programme

Mason training was planned for 30 tribal youth from different villages. These youth were identified and given mason training for employment in masonry, construction works or other labour works. The following agenda was covered in the training:

- Introduction and purpose of the training
- Understanding and use of mason related equipment
- Understanding about construction related materials such as sand, stones, water, cement
- Processes and methods of mason work

After the training, these youth were able to get work in their villages.



Beauty Parlour Training Programme

Most of the women from the villages had to come to Khedbrahma for beauty parlour services during festival, marriage or any function, which consumed their time and money. Some poor women were not able to go at all. Looking at this situation, a training programme for women on beauty parlour services was planned. 30 women from 8 villages were given beauty parlour service training. Poor and needy women were selected for this training, so they could earn something and be financially independent. Theoretical and practical, training was given. During the training, the women learnt about eyebrow shaping, bleaching, wax, facial, pedicure, preparing mahendi cone and design works, hair cutting and bridal make up etc.



On the last day of the training Mr. Naval Kanor DDM - Sabarkantha NABARD congratulated all trainees for successfully completing the training given by NLRDF. He also appreciated the training, the Travelling Allowance and related Kit given by NLRDF to all trainees. He also explained the scheme of DIC and GWEDC (Ghar Divada Scheme) which were useful to them.



Mr. Nirajkumar from RO office, Ahmedabad was also present and explained to them that this training was the first step and they now had to start work and be successful in earning a good livelihood for themselves. He gave a very good motivational speech on training to the audience. He also appreciated the training work of NLRDF. The feedback from the trainees of Beauty Parlour and Masonry work was very exciting and show a lot of potential in repeating this initiative.



Free Health Camp at Bhanvad, Dist. Jamnagar

Lalbhai Group Rural Development Fund (LGRDF) is sister organisation of Narottam Lalbhai Rural Development Fund (NLRDF). LGRDF was working in 40 villages of Bhanvad Taluka of Jamnagar district in Gujarat state for Socio - Economic Development of people. Main area of intervention of LGRDF were micro watershed programme, low cost sanitation Project, Family Counselling Centre, Community Gobar Gas Plant, Cattle Camp, women SHG project, health camp etc. Bhanvad Mahajan Panjrapol Gaushala, Bhanvad is also working for providing support to poor people of Bhanvad area as per their needs. Based on the local community needs LGRDF, NLRDF and Bhanvad Mahajan Panjrapol Gaushala organised a free health camp on 27-03-2019 at Bhanvad Mahajan Panjrapol Gaushala campus at Bhanvad, Dist - Jamnagar to provide free health care services to the area. This health camp was aimed to provide the eye care, dental care, de addiction, acupressure specialist services to poor people like differently abled, widows, destitute, old age people free of cost. In this camp 633 people get benefited. Shivanand Mission, Veernagar provided free medical services of Doctors for eye check up and cataract operation in Camp, Shri Divine Charitable Trust, Rajkot helped in dental camp and Dr. Jagrutiben Chauhan, Rajkot rendered her services free for Acupressure treatment at camp.

No of patients benefited from following services during the camps:

No	Type of Services	No. of patients
1	Eye check up, distribution of spectacles	314
2	Cataract operation	42
3	Acupressure treatment	37
4	Neck	36
5	Dental treatment	76
6	De-addiction	20
7	Eye check up of school girls	108



During eye check up, the patients were given medicines and spectacles free of cost and those who had cataract were referred to Shivanand Mission Hospital, Veernagar, Dist. Rajkot and cataract operations were done with free of cost. Also given free kit of Water bottle, Napkin, Blanket, brush, Specks etc. there patients.



Heartfulness Programme:

With the support of the team of Shri Ramchandra Mission Ashram Adalaj and NLRDF team, we have conducted following sessions of Heartfulness for the students of the colleges and villagers of the Sabarkantha district.

No.	Place	Village	Dist.	Event	Date	Time	Attendance	Prefects
1	Manubhai 's house	Gambhoi	Himmatnagar	HFN Relaxation	02/07/18	8:30 PM	6	Laxmansinh
2	Manubhai's House	Gambhoi	Himmatnagar	HFN Relaxation	03/07/18	8.30 PM	8	Laxmansinh
3	Manubhai's House	Gambhoi	Himmatnagar	HFN Prayer	04/07/18	9:30 PM	10	Laxmansinh
4	Shiv Temple	Surajpur	Himmatnagar	Weekly Meditation	03/07/18	9:00 PM	35	Laxmansinh
5	Shiv Temple	Gambhoi	Himmatnagar	HFN Relaxation	08/07/18	9:00 PM	35	Laxmansinh
6	Shiv Temple	Gambhoi	Himmatnagar	HFN Cleaning	09/07/18	9:00 PM	32	Laxmansinh & Jigneshbhai
7	Shiv Temple	Gambhoi	Himmatnagar	HFN Prayer	10/07/18	9:00 PM	32	Laxmansinh & Jigneshbhai
8	Vidhyanagari School	Himmatnagar	Himmatnagar	HFN Essay Event	10/07/18	11:00 AM	89	Jigneshbhai
9	Primary School	Kanda	Himmatnagar	HFN Relaxation	11/07/18	11:30 AM	23	Jigneshbhai
10	MSW College	Salal	Himmatnagar	HFN Relaxation	23/07/18	12:30 PM	36	Anilbhai, Himansubhai, Jigneshbhai
11	MSW College	Salal	Himmatnagar	HFN Cleaning	24/07/18	12:30 PM	34	Anilbhai, Himansubhai, Jigneshbhai
12	MSW College	Salal	Himmatnagar	HFN Prayer	25/07/18	12:30 PM	32	Anilbhai, Himansubhai, Jigneshbhai
13	MSW College	Bhetali	Idar	HFN Relaxation	23/07/18	2:30 PM	89	Anilbhai, Himansubhai, Jigneshbhai
14	MSW College	Bhetali	Himmatnagar	HFN Cleaning	24/07/18	2:30 PM	16	Anilbhai, Himansubhai, Jigneshbhai

No.	Place	Village	Dist.	Event	Date	Time	Attendance	Prefects
15	MSW College	Bhetali	Himmatnagar	HFN Relaxation	25/07/18	2:30 PM	14	Jigneshbhai Anilbhai Hi- mansubhai
16	MSW College -	Sonasan	Himmatnagar	HFN Relaxation	25/07/18	8:30 AM	200	Anilbhai, Hi- mansubhai, Jigneshbhai
17	MSW College	Sonasan	Himmatnagar	HFN Relaxation	26/07/18	8:30 AM	220	Jigneshbhai
18	MSW College	Sonasan	Himmatnagar	HFN Relaxation	27/07/18	8:30 AM	200	Jigneshbhai Laxmansinh



Representation of NLRDF in Government body

- Member of Advisory Committee of Sabarkantha District-Himmatnagar
- Member of local monitoring body for various project of Krushi Vikas Kendra-Khedbrahma, District Sabarkantha
- Member of District level Committee for Rehabilitation of Vulnerable Women in Sabarkantha District by Women & Child Development Department, Gandhinagar
- Member of Committee of E-formal sector Development - Urban Community Development Department in Ahmedabad Municipal Corporation
- Member of Appeal Samiti for Prime Minister Avas Yojana in DRDA of Sabarkantha Distric
- Member of sub group of Primary Education, Women & Child Development Department, Gandhinagar

Block Placement of Students:

Universities and colleges providing education in rural development depute their students to NLRDF for field exposure and practical experience of developmental programmes and activities conducted by the Foundation. As a part of its endeavor to build human capital and overall development of youth, NLRDF promotes block fieldwork training. Details of students are as under.

No	Name of Students	Name and Address of the College	Duration of Placement
1	Tejaskumar Rameshbhai Vasava	Nutan Gram Vidhyapith- Thava Dist-Bharuch	15-12-2018 to 14-01-2019
2	Shitalkumar Sursinh Vasava	Nutan Gram Vidhyapith- Thava Dist-Bharuch	15-12-2018 to 14-01-2019
3	Rohitkumar Rameshbhai Chauhan	Sabar Gram Vidhyapith - Sonasan Dist- Sabarkantha	01-01-2019 to 31-01-2019

Visitors

Sr. No	Name	Designation and Name of Institute
1	Mr. A K Modi	Geologist - Gujarat Water Supply & Sewerage Board-Himmatnagar
2	Mr. Jay Trivedi	Asst. Engineer - Gujarat Water Supply & Sewerage Board-Himmatnagar
3	Dr. K. Ganpathi	Apollo Telemedicine Networking Foundation (ATNF) - Chennai
4	Prof. John Camelis	University Of Pittsburg - USA
5	Mr. Tushar M Parmar	ADTI - GSACS - Ahmedabad
6	Ms. Shobha Ramadhan	Sr. Scientist Harvard School of Public Health
7	Mr. L D Bodge & Three Staff Member	CARD - Amaravati- Maharashtra
8	Mr. Naval Kannor	DDM - NABARD - Sabarkatha
9	Dr. Manish Fancy	CDHO - Sabarkatha
10	Shri Niruben Patel	Trustee, Vanita Shishu Vihar, Palanpur


 Sep 21, 2018
 We had a wonderful visit to Tuar
 and were so lucky to have the chance
 to see the wonderful relationships Mr. Manish
 has with the residents. It's very exciting
 to see the potential for the community
 center!
 Shube Kannanathan
 Harvard School of Public Health



Appreciation letter from Colleges for HIV /AIDS Awareness Activities



RIDDHI SCHOOL OF NURSING (Managed by Ridhhi Education Trust)

PROGRAMME: A.N.M. - G.N.M. INC तथा GNC द्वारा मांथता प्राप्त संस्था

Ref. No. 2019

Date: 24/03/2019

TO WHOMSO EVER IT MAY CONCERN

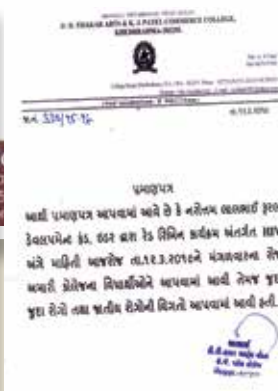
THIS IS TO CERTIFY THAT NAROTTAM LALBHAI RURAL DEVELOPMENT FUND, IDAR HAD ORGANISED "RED RIBBON PROGRAMME" ON 18/03/2019 AT RIDDHI SCHOOL OF NURSING, HIMMATNAGAR. THEY HAD GIVEN LECTURE AND DONE PRIZE DISTRIBUTION TO OUR STUDENTS BASED ON THEIR MARKS GAINED IN PAPER. DETAILS OF PRIZE DISTRIBUTION IS AS UNDER:

FIRST RANK: CHENVA PRIYANKA KANUBHAI (F.Y.ANM)

SECOND RANK: BHOI ROSHAN DILIPBHAI (F.Y.GNM)

THIRD RANK: SOLANKI PRINS SHAILESHBHAI (F.Y.GNM)

[Signature]
Principal
Riddhi School of Nursing
Himmatnagar



Abbreviation

NLRDF	Narottam Lalabhai Rural Development Fund	ORW	Out Reach Worker
PPP	Public Private Partnership	TKN	Taluka Kelavani Nirikshak
NGO	Non Government Organization	HRG	High Risk Group
RMC	Regular Medical Checkup	NABARD	National Bank for Agri. and Rural Development
STD	Sexually Transmitted Diseases	HRB	High Risk Behavior
GSACS	Gujarat State AIDS Control Society	EDP	Entrepreneurship Development Programme
SHG	Self Help Group	PRI	Panchayati Raj Institute
NACP	National AIDS Control Programme	VV	Village Volunteer
STI	Sexual Transmitted Infection	FFL	Fact For Life
PHC	Public Health Centre	IPC	Inter Person Communication
ICTC	Integrated Counseling and Testing Centre	AWW	Aganwadi Worker
CHC	Community Health Centre	ONGC	Oil and Nature Gas Corporation
RTI	Reproductive Transmitted Infection	DIC	District Industries Centre
TI	Targeted Intervention	KVK	Krushi Vigyan Kendra
MSW	Master of Social Work	HIV	Human Immunodeficiency Virus
IYCN	Infant and Young Child Nutrition	AIDS	Acquired Immuno deficiency Syndrome
TRP	Technical Resource Person	FPO	Farmer Producer Organization
BRP	Block Resource Person	AWC	Anganwadi Center
MO	Medical Office	IP	Implementing Partner
EDI	Entrepreneurship Development Institute	PU	Producer Unit
ELM	Employment Lead Model	CC	Cotton connect
FICTC	Facility Integrated Counseling and Testing Centre	VHSNC	Village Health Sanitation and Nutrition Communication
ART	Anti Retro Viral Therapy	BCI	Better Cotton Initiative
DIC	Drop In Centre	TOT	Training of Trainee
BHO	Block Health Office	IPM	Intrigeted Pest Management
KP	Key Population	LG	Learning Group
SMC	School Management Committee	BCSS	Better Cotton Standard System
PE	Peer Educator	MPCA	Minimum Production Create Area
DPO	District Planning Officer	PPE	Personal protective Equipment

Our Strength :

Narottam Lalbhai Rural Development Fund (NLRDF) was set up in 1978, as a Public Charitable Trust by Arvind Mills Ltd. This trust came forward to form a multi - disciplinary team after having acquired grassroots and other levels of experience in different facets of development. In Gujarat, it has established its credential in the spheres of agriculture diversification, agri-business, animal husbandry, skill development, health based activities, capacity building, women empowerment and advocacy related works in different parts of Gujarat which has been taken up successfully through infusing holistic development approaches across all the thematic area of operation. NLRDF has rich and in depth experience at grassroots level, and has already established a niche and is recognized as an efficient and effective partner by Government, International Agencies and Corporate bodies. NLRDF reaches more than 3 lakhs community people in 136 villages of Khedbrahmma Taluka of Sabarkantha District. and other more then 20 district of Gujarat 15000 farmers are benefited through agriculture project. More then 12000 widows are benefited under skill development program. This experience of development in community mobilization, project planning, implementation, monitoring and evaluation are recognized as its strengths. Consequently, organizations like UNICEF, GSACS,ONGC, CottonConnect, NABARD,CHETNA and Government departments have been associated with NLRDF.

Our Partners



University of
Pittsburgh



unicef 
for every child



ARVIND
FASHIONING POSSIBILITIES

Review Meeting by Management







(LALBHAI GROUP)

GET IN TOUCH

ADMINISTRATIVE OFFICE

Mr. K. P. Patel – Chief Manager

Narottam Lalbhai Rural Development Fund (NLRDF)

(LALBHAI GROUP)

Arvind Mill Premises, Naroda Road, Ahmedabad - 380025. Gujarat, INDIA

email: kanti.patel@arvind.in | website: www.nlrdf.org | Tel: 079-68268760

FIELD OFFICES

Khedbrahma

NLRDF

Behind Gayatri Temple
At. Khedbrahma,
District: Sabarkantha

Idar

NLRDF

E-207 Damodar Complex
Opp-SBI Bank, At. Idar,
District: Sabarkantha

Dahej - Bharuch

NLRDF

304, Sanskar Avenu,
At. Jolve, Dehej Road
District: Bharuch