# Annual Report 2019-2020



**40** Years of Social Responsibilities 1980-2020



Narottam Lalbhai Rural Development Fund

(Lalbhai Group)





# **Annual Report**

2019-2020



### Narottam Lalbhai Rural Development Fund

(Lalbhai Group)

Abbre	viation			
NLRDF	Narottam Lalabhai Rural Development	ORW	Out Reach Worker	
РРР	Fund Public Private Partnership	TKN	Taluka Kelavani Nirikshak	
NGO	Non Government Organization	HRG	High Risk Group	
RMC	Regular Medical Checkup	NABARD	National Bank for Agri. and Rural Development	
STD	Sexually Transmitted Diseases	HRB	High Risk Behavior	
GSACS	Gujarat State AIDS Control Society	EDP	Entrepreneurship Development Programme	
SHG	Self Help Group	PRI	Panchayati Raj Institute	
NACP	National AIDS Control Programme	vv	Village Volunteer	
STI	Sexual Transmitted Infection	FFL	Fact For Life	
РНС	Primary Health Centre	IPC	Inter Person Communication	
ICTC	Integrated Counseling and Testing Centre	AWW	Aganwadi Worker	
CHC	Community Health Centre	ONGC	Oil and Natural Gas Corporation	
PRA	Participatory Rural Approach	ICDS	Integrated Child Development Scheme	
TI	Targeted Intervention	KVK	Krushi Vigyan Kendra	
MSW	Master of Social Work	HIV	Human Immunodeficiency Virus	
IYCN	Infant and Young Child Nutrition	AIDS	Acquired Immuno deficiency Syndrome	
TRP	Technical Resource Person	FPO	Farmer Producer Organization	
BRP	Block Resource Person	AWC	Anganwadi Center	
MO	Medical Officer	IP	Implementing Partner	
EDI	Entrepreneurship Development Institute	PU	Producer Unit	
ELM	Employment Lead Model	СС	Cotton connect	
FICTC	Facility Integrated Counseling and Testing Centre	VHSNC	Village Health Sanitation and Nutrition Committee	
ART	Anti Retro Viral Therapy	BCI	Better Cotton Initiative	
DIC	Drop In Centre	тот	Training of Trainer	
BHO	Block Health Officer	IPM	Integrated Pest Management	
КР	Key Population	LG	Learning Group	
SMC	School Management Committee	BCSS	Better Cotton Standard System	
PE	Peer Educator	MPCA	Minimum Production Create Area	
DPO	District Planning Officer	PPE	Personal protective Equipment	
ТВР	Time bound plan	LP	Learning Partner	
CIP	Continuous Improvement plan	RIR	Result Indicator Report	
EAP	Emergency action Plan	RRC	Red Ribbon Club	

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### Message from the Chairman



I am pleased to present Annual Report along with the summarised financial statements for the year 2019-20.

Along our journey, we have been making consistent efforts to sensitize and involve corporate, local government bodies, individuals, institutions, media and the larger civil society in the process of bringing sustainable change at the grassroots and thereby help solving some of the issues in the areas of agriculture, health, livelihood, education, etc. and to improve the overall quality of their life through imparting skills and providing income earning opportunities.

In today's time, the technological revolution has set up a momentum of human development in the society and has brought socio-economic change in the society, and also provides an avenue to stage the views of the voiceless masses.

Over years NLRDF has been much concerned about spread of diseases like HIV/AIDS, increasing infant mortality rate, malnutrition among children and adolescents, health problems, negligence and indifference towards general sanitation, among the poor and uneducated and the life improvement of farmers.

I am pleased to acknowledge that a team of dedicated volunteers from NLRDF has been instrumental for the success through their hard work, commitment and dedication. The use of audio-video tools and technology for illiterate rural and tribal women has been a major achievement and a source of inspiration for others. A bird's eye view has been captured well in the table annexed herewith of the scale, coverage and reach of the ongoing programes.

I acknowledge with gratitude unstinted support and co-operation from Arvind Limited, banks, various government departments and agencies, press and media and above all the beneficiaries for their confidence and conviction in us.

I hope for an eventful and more satisfying year ahead.

### Samveg Lalbhai

### From Executive Director's Desk



I take an opportunity to share the NLRDF Annual Report for the year 2019-20. In a journey of over 40 years, NLRDF has directly impacted the lives of more than 1.5 million community people including farmers, labour workers, women, students, children and their families. This has only been possible through meaningful collaboration and positive partnerships. In this year, 2019-20, we could reach the lives of nearly **53500** individuals through our diverse interventions directly and through our partners for different projects.

It's less about us but more about tribal and deprived poor. These vulnerable and marginalized community people include farmers, labour

workers, women, children, unemployed community and directionless youth. They need extensive support in general and basic agriculture, health and livelihood in particular. We are happy to report that we have been able to make positive impact in their lives through long term programs with best of the resources.

#### Our projects include:

- AIDS Control Program,
- Maternal and Infant Health,
- Child Nutrition Practices,
- Micro Entrepreneurship Development Training,
- Farmer Producer Organization,
- Solar and renewable energies
- Health wellness programme
- Heartfulness Programme

IThe annual report gives detailed account of each of the programmes during the year 2019-20. During the year 2019-20, we have received financial support worth Rs. 183 lacs from the funding agencies and through our income from the investments. We have spent Rs. 199 lacs for the activities listed above. As said above, our reach goes to 196 villages covering more than 53,000 people though our dedicated team of 53 project staff and 30 part time peer educators. I am glad to mention that few of them are with us for more than 30 years with unparalleled commitment and loyalty. They are the ones who have earned highest respect for NLRDF not only among the beneficiaries but from the community as a whole including the Government and the long-time partners.

The learning of the year will be taken to the next level in the year 2020-21 and our team will remain committed to upscale our reach to the community people for their upliftment. I would like to thank my board members, our funding partners, our supporters and the entire team for their association.

At the end, I would like to extend my hearty gratitude to all the community people that have readily connected with us putting their full confidence in our intent and purpose. As I look ahead, I see the challenge is immense and our work endless, but we will continue in our efforts to provide our community people with a better quality of life, help restore their dignity and make them self-reliant.

#### **B** M Shah

# About Narottam Lalbhai Rural Development Fund (NLRDF)

Narottam Lalbhai Rural Development Fund (NLRDF) was set up in 1978, as a Public Charitable Trust by Arvind Mills Ltd. It stands on the principles and philosophy of service to mankind. In the last 40 years of its foundation, it has grown as a grassroots organization striving for holistic development of the rural and tribal poor and the underprivileged through specially designed programmes.

In Gujarat, it has established its credential in the spheres of like agriculture, social and farm forestry, horticulture, fodder development, animal husbandry, minor irrigation, rural electrification (street and agriculture related), solar and home and street light, roads, biogas, medical services, health care, nutrition, sanitation and disease control, non-formal education, adult education vocational training of handicapped persons, watershed development, AIDS awareness and prevention, women empowerment and women and child development and heartfulness etc.

NLRDF reaches more than 5.5 lakhs community people in 136 villages of Khedbrahmma and Poshina Taluka of Sabarkantha District and other more than 20 district of Gujarat 15000 farmers are benefited through agriculture project. More than 12000 widows are benefited under skill development program. This experience of development in community mobilization, project planning, implementation, monitoring and evaluation are recognized as its strengths. Consequently, organizations like UNICEF, University of Pittsburg- USA, Zero to Hero Foundation- USA, Sir Ratan Tata Trust, GSACS, ONGC, CottonConnect, Arvind LTD NABARD, FED BANK, CHETNA and Government departments have been associated with NLRDF.

#### **Objectives:**

Stetting into motion a process of all-round development of people in rural India which within a specific span of time would become self-sustaining and self-perpetuating and as the outcome methodically reducing the relative disparities among various strata of the society.

#### Strategy:

Inspired by the nature where the various facets of life are all interrelated and inter-dependent, NLRDF would take an overall integrated and holistic intervention taking care of the various developmental components that together form the whole.

#### **Management:**

NLRDF is structurally working under a Board of Trustees, the Chairman of which is directly responsible for the overall policy direction and guidelines for the trust. He is assisted by the Executive Director who has the responsibility of guiding policy formulation and its effective execution. In addition, the Trust has a total strength of more than 50 persons, most of whom are in rural areas. A majority of the staff holds a Masters in various disciplines related to rural life.

#### Funds:

NLRDF has so far been funded by the Arvind Mills Ltd., Ahmedabad, to the tune of Rs. 200 lakh. It has also been mobilizing funds from Government, private agencies and institutions directly for the beneficiaries of its programmes, infrastructural activities and other purposes of rural interest.

#### Administrative Office:

Mr. K P Patel – Chief Manager Narottam Lalbhai Rural Development Fund (NLRDF) Arvind Ltd. Premises, Naroda Road, Ahmedabad-380025 Email: kanti.patel@arvind.in | website: nlrdf.org Tel: 079-68268760

### **Board of Trustees**



Shri Samveg Lalbhai Chairman



Shri Anang Lalbhai Trustee



Mrs. Jayshreeben Lalbhai Trustee



Mrs. Anamikaben Lalbhai Trustee

### Management



Shri B. M. Shah Executive Director



Shri K. P. Patel Chief Manager



### **Programmes and Initiatives 2019-20**

### **Parivartan Project**

#### **Project Goal**

The major thrust of the trust in near past has been on the transforming lives through improved complementary feeding and hygiene practices at community level under the Parivartan Project.

The project objectives broadly aim at following outcomes:

- Improved complementary feeding practices among the children from the age of 7 months to 2 years with focus on improving quality of complementary foods at household and community levels
- Spread of health and hygiene practices seeking behaviour change like hand-wash, cleaning of cooking utensils, washing the vegetables before use etc at individual and community level
- Promote family and community awareness on nutrition and hygiene entitlements through participatory communication approaches
- Enhance capacities of nutrition and health service providers, especially Accredited Social Health Activist (ASHA) and Anganwadi Workers (AWW)
- Empower Village Health, Sanitation and Nutrition Committees (VHSNC), known as Gram Sanjivani Samities, for monitoring and ensuring improved nutrition and hygiene/health services especially under NHM/ICDS
- Document and disseminate key processes and learning

The intervention of Child Nutrition component includes:

Improving the knowledge, skills and practices on age appropriate complementary feeding at home and Community Level

Increasing the availability, acceptability and quality of Community based child nutrition improvement programme

Improving the knowledge & skills of age appropriate complementary feeding at Field Functionaries i.e AWW & ASHA

Ensure consumption of green leafy and vegetables

Adopt nutrition garden model

### **Project Coverage**

The project broadly covers a community of 100 selected Villages of Khedbrahma & Poshina blocks targeting the following beneficiaries.

- Mothers and care-takers of children of 0 to 2 years of age
- Pregnant women
- Adolescent girls
- School Children for hand-wash practices
- Service providers
- Secondary stake holders i.e. leaders, PRIs, Teachers, Different Committees in the village etc.

### Activities of the project includes the following. Survey in the surrounding 100 villages

1	Pregnant Women	2689
2	Lactation Women	2597
3	Mal nourished children	8464
4	Adolescent Girls	3878
TOTAL		17628



**Exhibition in Mela through** display of locally available foods/crops/GLVs used in preparing complementary food explaining the recipes along with the prepared snacks of different verities.

Meeting at Haat Bazar and Tea Points giving messages related to consumption of vegetables, especially green leafy vegetables, seasonal local fruits, locally-grown cereals, Legumes, Pulses etc through vendors who sell these items.

**Home visits**: 5000 plus families have been covered for inculcating hand-washing practice by creating a dedicated place in the home for washing hands conveniently with soap.



**Nutrition Garden:** 574 Nutrition gardens are developed to encourage the use of locally available diversified vegetables and green leafy veggies for preparing hot meals at AWCs and at schools, under this project to ensure that various local food and green leafy vegetables are available round the year.

Mother Support Group Meeting: 207 mother support groups were formed meeting regularly sharing their experiences within community, especially on complementary foods, breastfeeding related issues and solutions, regular growth monitoring and counselling on MIYCN, identification of SAM children, their referral and follow-up.

Counselling session for Children admitted at CMTC centres who need special care at home and proper feeding practices.

Nutrition Corners at Schools: Nutrition corners have been established at schools where sessions provide knowledge on nutrition through locally available food. Nutrition gardens are being taken care of by students which help them to enhance their knowledge about nutritious vegetables and green leafy vegetables. **Wall writing:** At the village level, wall writing has been used as a media intervention. This helps community members to adopt correct behaviours and create enabling environment in community.



**Involvement of College Youth:** College youths are helpful to create enabling environment at the village level. These youths also are motivators. NSS unit of college intervene through various activities under Anaemia free India that are organized with the support of the Health Department.





**Community Meetings**: Quarterly meetings with mothers having children between the age group of 7 – 24 months are organized across 10 clusters. This is a platform for women to share their experience, recipe demonstration from locally available foods, and exhibition. As many as 6,000 mothers or care-givers have been reached out through these meetings.



**Involvement of PRI Members , SHG Members and Milk Cooperative Members as change agents** to make nutrition a public movement. They can easily influence the rural people to bring about the change in behaviours related to complementary foods and feeding practices at households.

### Key Achievements:

No	Activity Name	No of Activities	Participants
1	Awareness about Complementary feeding	2344	37447
2	Nutritious food and Local recipes	774	18271
3	Mother Support Group Meeting	2101	22260
4	Demonstration in Haat Bazaar	97	16313
5	Meeting with Milk Cooperative Society	560	8724
6	Hand wash practice (School & AWC)	893	18991
7	Joint visit with ICDS supervisor	1679	8062
8	POSHAN Abhiyan	469	22747
9	Poshan Abhiyan with NSS	21	1338
10	Gram Sabha	49	3072
11	Adolescent Girls meeting	950	7786
12	Gram Panchayat Meeting	257	1936
13	VHSNC Meeting	208	1699
14	SMC Meeting	465	2986
15	Anganwadi visit	2491	46090

No	Activity Name	No of Activities	Participants
16	MAMTA day	326	7758
17	Annaprasan Day	320	997
18	Baltula Day	65	1281
19	Video show	6	113
20	CMTC visit	132	948
21	SEZA Meeting	51	1512
22	SHG Meetings	1139	10436
23	Fair	7	16290
24	New Develop Mother support group	218	2859
25	Cluster Level Meeting	19	3380
26	Healer meeting	534	1486
27	Hand Wash practice started in family level	3897	15895
28	Use of Flip chart	7795	17337
29	Use of Mobisode	2335	3591
30	Use of Dhatri chakra	3902	5947
31	Use of Vaccine chakra	5140	7712



# Coverage of 574 Nutrition Gardens by NLRDF made in two tribal blocks of Sabarkantha districts – covered in Poshan Weekly.

Movement of developing Nutrition Gardens has made families in 100 villages in Khedbrahma & Poshina blocks self-sufficient in vegetables for household use.

About 100 villages in the two blocks of Sabarkantha district invested their efforts in setting up Nutrition Garden with the support of Narottam Lalbhai Rural Development Fund (NLRDF) with the technical input and aid from UNICEF, and reaped its benefits when supply was interrupted nation-wide.

"With a view to improving food habits and meeting nutritional requirement of pregnant women, lactating mothers, adolescent girls and children, 38 demonstrative Nutrition Gardens were created with the technical input from UNICEF and NLRDF. The initiative was launched last year in 2019 at Poshina and Khedbrahma. The encouraging results prompted 88 more villagers to grow such a garden in their backyard or field," says Mr. Kantibhai Patel, Chief Manager, NLRDF. Meanwhile, the lockdown provided just the right boost to this initiative when supply of green vegetables was hampered. "So, more people came forward and opted for the initiative. Today, 574 Nutrition Gardens are there in these two blocks spread across 100 villages," adds Mr. Kantibhai Patel, Chief Manager, NLRDF.

Cluster beans (Guar), brinjals, okra, green chilies, tomatoes, sponge gourd, bottle gourd, long Beans (Chauri), bitter gourd and spinach, fenugreek leaves, sorrel leaves and other leafy vegetables are grown in the Nutrition Garden.

"The popularity of Nutrition Garden has soared since Lockdown. Not just did it yield vegetables when it was difficult to procure, it also created a means of earning for many. Also, it kept people out of vegetable markets and thereby contributed in containing the infection," says Mr. Manilal Patel, Project Coordinator, NLRDF.



Those who have Nutrition Gardens at home don't stop raving about its manifold advantages. "We are not just saving money,



*Ms. Krinaben Rupabhai, Pregnant Women, Tadhi Vedhi Ta: Poshina.* 

but also our time as we don't have to go to market anymore. Since we are doing organic farming, the vegetables are more healthy and tasty. Besides, it has created an additional means of earning. Isn't it wonderful," says Ms. Shilpaben Devda, Bodiya nu Talav, a beneficiary.

While there are numerous tangible benefits of Nutrition Gardens, its intangible outcomes are no less. "My younger children have learnt to identify various species of plants, crops and vegetables. They now have a better understanding of biodiversity and co-existence. Thus, they have become more conscious of their surrounding environment," says Nutrition Gardens have also checked the misuse of water. "Villagers make conscious efforts to channelize their wastewater into their vegetable garden. They have mended their casual ways in which they used waste water," says Ms. Lor Tariben from Mithibili village.

"Our finances had been hit big time during the lockdown. It was the Nutrition Garden that not just ensured healthy vegetables in our thalis but also contributed to our family income," says Ms. Makvana Kapiaben form kheroj village of poshina taluka.

My children used to avoid eating green vegetables. But not anymore! Not that they just enjoy growing them, they love to eat them for those are the fruits of their labour," says Ms. Bubadiya Mamtaben form Dabhipura from Khedbrahma block.

"Nutrition Garden has been a great success, all thanks to ICDS, health and the community. But we want this kind of garden in every household for it is the key to ensuring green vegetable in meals everywhere. Once, households are self-sufficient in terms of growing their own vegetables, it will improve nutrition status big time," says Mr. Kantibhai patel, Chief Manager, NLRDF

Name: Makvana Kapilaben Hiteshbhai, Pregnant Women, Village: Kheroj, Ta: Poshina

### Adopting Government schools in Gandhinagar District for Improving School-built Environment

Fed Bank Financial Services Ltd has taken CSR project "Adopting a government schools in Gandhinagar district for improving schoolbuilt environment". The Narottam Lalbhai Rural Development Fund (NRLDF) has taken up responsibility to be local implementing partner for the project.

The objective of the project is to improve school-built environment to make it more conducive, and school campus more educative for school children.

Following are the components in which different activities were planned under the project:

- Digital Classroom set up for k-12 grade students with three years support service, including hardware, content and teacher trainings.
- Developing sustainable interactive plays capes
- Developing mini science activity centre for students of all age groups till 8th grade
- Colour works in priority areas like inside classroom

- Educational painting and charts/graphic etc. in classroom and on walls
- Herbal Garden -- planting, fencing, water facility, etc.
- Fencing of priority side compound wall area.

In each component, students learn something different and they came out with helpful outcomes and effective ways of learning.

### **Digital Classroom**

Under this programme, the classrooms are equipped with Teach Next device, interactive whiteboard and a projector for display. The server in the CCC delivers the course content via LAN to the classrooms which contains lessons, solved examples, exercises, experiments, simulations, etc. in audio-visual form.

One-day training programme was organized to make teachers to understand content, broaden their learnings and make them aware of technical issues for solution finding. As many as 11 teachers participated in the training from both the schools. During the training, teachers



practically used a sample chapter and learnt how to use it.

# Developing sustainable interactive plays capes

Sports plays an important role in educating students as it teaches them to become strong from inside, and also develop a fit and sound body. It is a great medium to keep the mind, body and soul in sync and maintain a balance between work and play.

It is in this context, Anthill Creations was engaged for creating innovative plays spaces at both primary schools. With their help, a lighter, quicker and cheaper transformation of existing spaces available at both these schools were converted into interactive and sustainable plays spaces for children to learn and grow together.

# Developing mini science activity centre for students

Both schools didn't have any access to quality science education facility. There was a need to provide few basic STEM teaching and learning materials to both schools to promote quality science education and motivate children to understand basic fundamental of science principles through various hands-on experiments. There was also a need to provide educational materials like exhibitions and charts to know interesting scientific facts, phenomena and latest happenings in their own schools.

In this regards, mini science centres at both primary schools have been started with the idea of providing quality resources to children and teachers which can be used for science teaching and learning. The focus of mini science centre is to provide children and teachers authentic, engaging and relevant teaching and learning materials.

# Colour works in priority areas like inside classroom

Conducive school built environment is necessary for children to study comfortably and motivate

them to attend school regularly. Many of rural schools have very good classrooms but do not have proper quality colour inside and outside the classrooms. Under the project, classrooms, veranda and the building were coloured with good quality paints. The colouring made the building look like a new one to attract newly enrolled children.

# **Educational painting and charts/graphic etc. in classroom**

Both schools had very old and deteriorated painting and educational graphics inside and outside classroom walls. These spaces are very good for converting them into teaching and learning materials and creating environment for education. Various concepts, facts and exhibits were discussed with concerned teachers according to the syllabus and from students' perspective. Based on standards and space available, graphs and exhibits were drawn on inside and outside walls of the schools.

# Herbal Garden - planting, fencing, water facility

To popularize the usefulness of commonly available and generally used herbal plants and to conserve the associated traditional knowledge for future generations, promoting herbal gardens in schools is a very good teaching and learning tool. This also serve as a live lab for teacher to educate school children about identifying different types of herbs and their uses, including growing them in a garden.

# Fencing of priority side of compound wall area.

A fencing wall was built at Bhoyan Moti Primary school-2 to protect the school plantations and other assets like plays capes built as a part of project. Under the project, U-shaped 4+2 type barbed concentration fencing work of 280 running ft. was carried out at the school. These steps made the school safe not just from vandalism but also from street dogs and other animals.

## National AIDS Control Program (NACP) Idar, Sabarkantha

NLRDF implemented the project in fiveTalukas of Sabarkantha district with the support of National AIDS Control Organisation (NACO), New Delhi, and Gujarat State AIDS Control Society (GSACS), Ahmedabad.

Objectives of the project:

- To create condition for behavioural change in the community
- To make them aware about condoms and to plan condom distribution and demonstration
- To increase services for treatment and prevention of sexually transmitted diseases (STD)
- To raise more referral services and linkages
- To provide necessary services to people living with HIV/AIDS in terms of care, support and treatment

During intervention of the project, Organization initiates the following activities:

- One to one individual and group meetings
- Monthly and quarterly DIC meetings
- Demand generation meeting
- Quarterly crisis committee meetings
- Event program

- Health camp and exhibition
- Advocacy meetings
- Quarterly STI committee meetings
- Monthly PE meetings
- Weekly staff review meeting
- Red Ribbon Club program

The following services were provided under the project

- RMC and HIV testing
- Services to HIV affected people and Counseling

Four health camps in association with Urban Health Centre of Himmatnagar and Vadali were organized during the year. During these camps, organization planned screening services and condom awareness.

The community event was planned at Shamlaji and Bhavnath where 65 KP visited the places, and HIV testing was done on 36 KP at Cottage Hospital.

Facility of shelter and medicines in coordination with Rotary Club, Idar, was arranged for pedestrians for three days on occasion of Bhadarvi poonam. Awareness and education on HIV/AIDS was created among the Pedestrians, besides condom distribution.





Raksha Bandhan was celebrated in the areas of Idar, Vadali and Himmatnagar. On this occasion, FSW from Vadali and Himmatnagar areas tied rakhdi to police staff of Idar Police Station, and A and B division of Police Station of Himmatnagar. During this event, the organization held an advocacy meeting with PSI and the team. The organization got good support from Police Department because of the celebration of Raksha Bandhan event.

Sr. No	Particulars	Achievement
1	Converge	10374
2	STI clinic visit	3363
3	Regular Medical Check up	3309
4	Presumptive treatment	36
5	STI treatment	18
6	HIV Testing	1599
7	RPR Testing	1475
8	Counselling	1314
9	Free condom distribution	171060
10	Hotspot meeting	88
11	PE review meeting	12
12	DIC meeting	45
13	Crisis meeting	03
14	Advocacy meeting	04
15	STI meeting	04
16	DIC committee meeting	04
17	World AIDS Day	03
18	Health Camp	03
19	Community event	01
20	Exhibition	04
21	Lubes distribution free	14786

#### Major activities conducted during the year:



**Celebration of World AIDS day** 

World AIDS Day was celebrated on 1st December 2019 and celebration continued for a week under the AIDS programme with the support Gujarat State AIDS Control Society at different places. The team in the meeting disseminated awareness and education on HIV/AIDS and discussed sexual diseases and treatment with the group.

On 3rd December, an awareness programme on HIV/AIDS was organised at Sir Pratap High school at Idar. The team interacted with the 350 students about HIV/AIDS and sexual diseases and answered the students questions. On 5th December, an awareness programme was planned at Bhuravala Arts College, Vadali. The college students were given awareness and education in different groups of boys and girls and had interactions with them on prevention of HIV/ AIDS followed with a question-answer session.

On 5th December, awareness programmes were organised at Himatnagar high school, Himatnagar. The team disseminated awareness and education on HIV/AIDS, sexual diseases. The students interacted well with the team and got information about different aspects of HIV/AIDS.

### Red Ribbon Club Program -RRC

AIDS is a serious challenge and is as much a social and political phenomenon as it is a concern to medical sciences. AIDS is a silent killer caused by Human Immune Deficiency Virus (HIV). Red Ribbon is the international symbol of HIV/AIDS awareness. It is being worn by increasing number of people around the world to demonstrate their care and concern about HIV/ AIDS for those who are living with HIV, for those who are ill, for those who have died and for those who care for and support those directly affected.

Red Ribbon Club is a movement started by Govt. of India at educational Institutions through which students spread awareness about HIV/AIDS. NLRDF implements Red Ribbon Club programme with the support of Gujarat State AIDS Control Society in colleges of Sabarkantha district.

The main purpose of this programme is to spread awareness and promote education on prevention of HIV/AIDS, including providing information on STD and encouraging blood donation.

It is a platform where youth and students learn to be responsible towards the society and understand how to spread the messages in society. Through Red Ribbon Club programme youth and students are encouraged to learn about safe and healthy lifestyles. The programme helps them to promote health seeking behaviour and voluntary blood donation. It enables them to become change agents in HIV/ AIDS Prevention Programme. Through this Red Ribbon Club, NLRDF played a major role in control and prevention of HIV/AIDS, through spreading awareness, education and promoting learning and helping youths and students to heighten their level of awareness about HIV/AIDS/STI/ Sexuality and other related issues.

The main objectives of RRC are:

- Spreading awareness on HIV/AIDS by organizing NSS camps, drama, theatre, folk dance and street plays etc.
- Organizing and facilitating voluntary blood donation camps and mobilizing and motivating the youth and students to participate in the programme.
- Helping PLHIV people from discrimination and stigmatization
- Reducing new infection among youth by raising their risk perception through life skill education and creating awareness on sex, sexuality and HIV/AIDS
- Educating youth on situations of exploitations and abuse that increase their vulnerability





- Providing care and support needs of PLWHA and helping them living with HIV and AIDS (PLWHA)
- Increasing awareness on different services available such as ICPC, PPTCT, ART, etc. so that accessibility to these services could be made easier for self and for the community people.

Outcomes:

- Youth and students obtained clear and scientific understanding about HIV/AIDS.
- Youth and students are now able to help others and have become aware of the rights of people living with HIV/AIDS.
- Youths and students started getting information and help on STD, other related diseases through phones.

### Sexual Reproductive Health -SRH

### **Objective**

To emphasize safe and healthy sexuality and reproductive health, general wellbeing of people living with HIV, making lives longer, healthier, more productive, and more satisfying.

NLRDF implements the project with the support of UNFPA and under the leadership of CHETNA. The Organization provides information and education to MSM and FSW on safe and



healthy sexuality and reproductive health, and helps them to get services.

The project covers FSW of Idar, Vadali, Khedbrahmma and Himmatnagar. The Organization create awareness and provide education to prevent infection of reproductive health, cervical cancer and care.

Total 8 PE meetings were held during the year, and 2 meetings were held with TI staff. Representatives from CHETNA organization also visited the field areas of organization.

### National Aids Control Programame – NACP at Dahej, District-Bharuch

India is a developing country and many of its states are basking in the boom in industrial sector, and Gujarat is at the forefront. In Gujarat, Dahej of Bharuch district has become the hub of industrial units. This place has large number of migrants and they are more likely to get HIV / AIDS. NLRDF is active in this area and intervenes in the HIV/AIDS programmes since 2013, covering more than 10000 migrants.

This project helped to scale up the reachout to the targeted population groups. The interventions under this programme included:

- The provision of behaviour change interventions to increase safe practices, testing and counselling, and adherence to treatment, and demand for other services
- The promotion and provision of condoms to HRG to promote their use in each sexual encounter; Provision or referral for STI services, including counselling and services for treatment

# Organization has taken up following activities:

• According to the process, 10 to 12 migrants are mobilized and are given awareness and

education on HIV/AIDS while conducting IPC Meetings

• HRB is identified by the process of IPC, and its registration is done by counsellors. Counselling is provided by the counsellor as required and services are provided to the migrants accordingly.

- As per the target, 20 health camps are conducted every month wherein HRB as well as people are screened and checked. STI related medicine is available through GSACS while medicine for common diseases is also provided by the organization at a nominal cost. Community-based screening services are also provided at the health camps. The migrants who need RPR (syphilis test) testing are also taken for ICTC testing at the institute's own expense.
- Demand generation activity has been conducted considering the agenda like HIV / AIDS, ICTC testing, STI, awareness on condom, etc. among the migrants. After ten days of the programme, the team plans for follow up to monitor and assess the progress.
- In the PE meeting and training, a local person was identified as P.E, and helps them to





understand the HIV/AIDS related information, benefits of testing and health camps. Generally P.E is trained and guided by ORW, Counsellor and PM.

- Migrant workers come to Drop In Center (DIC) to get refreshed and for counselling. Registration of HRB is done here and services are provided.
- Video shows were conducted during counselling, IPC program, DIC meetings. The video shows create awareness and education on HIV/AIDS, treatment, services and condom promotion.

• The organization planned street plays to generate and disseminate awareness and education among people on HIV/AIDS. This activity was very helpful to develop understanding and to be sensitized on HIV/ AIDS.

• There is possibility of getting HIV for migrant workers who do not use condoms. To avoid such situations, organization has arranged condom distribution programme to provide condom at low cost to the migrant workers.  Migrant workers find it difficult to go for HIV testing at the centre during their working hours, so the organization started Community Based Screening (CBS) services. HIV testing is done on the field and in health camp. This helped migrant workers easily access HIV testing in the time-saving manner. Now number of migrant workers has increased and so is HIV testing.

• Public places like entrance of the village, stalls, shops, gardens are called congregation points where migrant workers gather. The Organization conducts congregation events at such points and disseminates awareness on HIV/AIDS and condom promotion.

# Coordination with company and govt. department

The organization conducted street play in association with RNTCP Bharuch and Filatex Company. The street play helped people to understand about HIV/AIDS, Tuberculosis (TB) and importance of cleanliness. The organization planned congregation event in which IEC activity was organized at the Haat bazaars and places where a large number of people meet and took advantage of it.



The Organization prepared IEC materials with its own name, address and number so that the community can not only acquire knowledge but also easily contact the organization when required.

By the permission of railway station superintendent, HIV / AIDS prevention programme at Bharuch railway station was conducted and the media of Bharuch District took reported it.

The Organization in association with Help Age India and Adani Company organized health camps and provided medicines to the migrant workers free of cost. ELM was done in association with Aarti Industries to strengthen the project and provide services at large level.

TB training for TI NGOs staff was conducted by RNTCP. Team of NLRDF – Dahej, DST MIGRANT and DST CC participated in the training. During training, participants received information about the disease of TB, including the causes of spread and steps for prevention.

The participants were given information and awareness for cases of HIV/AIDS patients having TB and also on one window. The training was interactive and helpful and the participants received useful information and education through this training.

NLRDF planned the congregation event by focusing on migrant workers of Uttar Pradesh and Bihar. This event was followed by Nand Mahotsav celebrations. The event was held at Jay Colony where about 800 migrant workers who migrated from Uttar Pradesh and Bihar reside. Large Number of migrant workers participated in the event. Enable Environment – a component of TI was tested during this event. The event witnessed distribution of IEC materials, exhibition of posters, education on condoms, and information sharing on the 1097 helpline.



# World AIDS Day Celebration – Dahej, Bharuch

World AIDS Day on 1 December brings together people from community to raise awareness about prevention of HIV/AIDS and demonstrate international solidarity to take action against the epidemic. It has become one of the most influential platforms and a key opportunity to raise awareness.

One of the objectives of World AIDS Day is to create awareness and education on prevention of HIV/AIDS.

NLRDF, with support of National AIDS Control Organization and Gujarat AIDS Control Society (GACS), implements prevention of HIV/ AIDS project focusing on migrant workers in industrial area of Dahej of Bharuch District. For celebration of World AIDS Day, the organization starts run up to the World AIDS Day celebrations from 30th November.

NLRDF observes week day celebration of World AIDS Day. NLRDF, in association with RNTPC, Bharuch and BDNP Plus, distributed red ribbons and IEC materials to the people and disseminated awareness on prevention of HIV/AIDS. Since its inception in 1988, World AIDS Day is celebrated after the consultation of foremost global health organizations. To mark the event across the globe, HIV/AIDS activists wear a red ribbon which is a symbol of solidarity and support towards the people living with HIV. The Organization, in association with Filotex Company, planned street plays at public places in Dahej. On the occasion, Creation Group performed street plays on the theme of HIV/AIDS, tuberculosis and Swachhta Abhiyan.

The organization conducted talks with the migrant workers of different companies like Wellspun, Lubrizol, Adama. During these talks, Creation Group spread awareness on prevention of HIV/AIDS, tuberculosis and Swachhta Abhiyan. As part of the event, the organization distributed red ribbons and IEC materials to the migrant workers. The Counsellors also distributed condoms among the migrant workers and explained them why using a condoms is an absolute necessary.

Health camps were organized at BSI and Desai Colony. During the camps, posters were exhibited and blood testing were conducted. World AIDS Day and Anti-Corruption Day were celebrated at the Government School, Suva.

1	No. of IPC conducted	3130
2	No. of migrants were contacted through IPC session	44553
3	No. of migrants registered	10409
4	No. of Demand Generation Activities	24
5	No. of Health camps organized	247
6	No. of migrant treated for STI	99
7	No. of total outlet established	51
8	No. of ICTC Referral	4263
9	No. of HRG tested for HIV	2190
10	No. of migrants counselled	6113
11	NO. of migrant came in NGO Clinic	5799
12	No. of condom Distribution	69789
13	No. of Advocacy meeting	32
14	No .of street play	12



### **Better Cotton Initiative (BCI) Project**

NLRDF implements the BCI project with the support of Cotton Connect in 22 villages of Khedbrahmma Taluka and 15 villages of Vadali Taluka of Sabarkantha District. Total 4501 (2312) farmers from Khedbrahmma and 2180 farmers from Vadali who have 0 to 20 hectare land get benefits under this project. About 10061 acre of land are covered under this project.

The main objectives of the project are:

- To control pollution and protect the environment
- To reduce cost in farming and increase income
- To improve health of the farmers
- To improve soil

In the beginning of the programme, training of trainer (TOT) was planned for the organisational team focusing on the importance and process of BCI. The emphasis in the training was on principles such as...

- Crop protection
- Water
- Soil protection

- Quality of cotton
- Crop management
- Biodiversity

TOT was given by representatives from Krushi Vigyan Kendra (KVK), and participatory rural appraisal (PRA) was planned in the targeted villages thereafter. The PRA covered the following agendas: Water Resources, Natural Resources, Seasonal Labour, etc.



During the training, the participants learnt about PRA, project cycle and importance of stakeholders. They also learnt about terminology of development and growth, and the process of preparing, disseminating IEC and importance of IEC at the grassroots level.



They also learnt about how to use their skills, knowledge and different tools in the field.

The project provides guidance to farmers about farming in different seasons. In the beginning, FF provides information and understanding to the farmers about preparing land, selection of seeds, precautions to be taken during cultivation and inter-cropping. The farmers also learnt about maintaining farmer field book. Necessary IEC materials were also distributed to the farmers.

In February, the programme is evaluated where farmers share their feedback and enumerates the benefits of it. The farmers understood the following major advantages of BT cotton:

- Use of BT cotton reduces use of pesticides, resulting in reducing the cost of cultivation.
- It results in improvement of yield levels and also improves margin of profit for the farmers.
- It provides opportunities to grow cotton in areas of severe bollworm incidence.
- It promotes eco-friendly cultivation of cotton.
- It also reduces environmental pollution and risk of health hazards associated with the use of insecticides because insecticides are rarely used for BT cotton.

Along with the project, awareness programs on environment conservation, tree plantation and rallies were also planned. Activities such as essay writing, letter writing, etc. were organized for school children.



# Monocrotophos and PPE Awareness Activities

Organization through BCI project provides information on monocrotophos to the farmers in the remote villages by performing Bhavai (folk art). Farmers were provided information on pests in cotton farming and how to avoid use of harmful medicines in the farming. Discussions with cotton producing farmers were held to reap better cotton produce. During the discussions, environment conservation, conservation of natural resources and biodiversity were emphasized. This project yields benefits to all like Jinar Mill, farmers, labours, workers in printing & tailoring, transporters, merchants and customers. The farmers were explained how sowing prohibited medicines is a criminal offence, and how does it affect our health. As many as 688 farmers from 5 villages participated in the programme.

The programme has created awareness among farmers and helped them understand not to use and produce harmful and poisonous medicines.

#### **Decent Work**

NLRDF conducted decent work programme for the farmers wherein they were given information about BCI project and decent work. They got to know about importance and use of organic medicines, besides learning how to make organic medicines, and how does it help in cotton farming.

The farmers through decent work were made aware of the benefits of the government schemes. They were provided insight and input on the kind of documentation they would need, how to use it and where to procure it to claim the benefits of the schemes.

Information about how to avail the benefits of government schemes and which schemes are run by the government were also shared. The information about how to claim Niradhar

### Farmers' Training of BCI Project



Widow Assistance, Pradhan Mantri Bachat Yojana, Pak Vima Yojana, Pension Na Yojana, Animal Insurance, Jansuraksha Yojana, Kunwarbainu Mameru, Sardar Awas Yojana, Homeless Scheme, Free Toilet Scheme and scholarships, etc. were also provided

As many as 338 farmers from 5 villages participated in the programme.

The Organization conducted training for farmers under BCI project. Following are the objectives of the training:

- To make farmers understand about BCI principles
- To make them understand about PPE demo
- To make them understand cotton cropping patters and reduce cost
- To make them understand about organic farming

In the beginning of the training, Shri Vinod Desai from NLRDF welcomed the participants.

Dr. Samir Pandit – Manager Cotton Connect – interacted with the farmers about crop protection, water conservation, soil fertility, quality of cotton, organic manure and different government schemes.

Shri Samirbhai Prajapati – Agronomist from Arvind Mill – discussed with the farmers the principles of BCI, cost reduction and claiming benefits. Shri Maheshbhai Odd from NLRDF provided information on PPE to the farmers.

Jagdishbhai A Patel, a Scientist from Krushi Sansodhan Kendra, Talod, discussed with the farmers the use of technology and scientific methods to tackle the challenges which would help reduce the cost and increase productivity. Shri Gautambhai Patel, PU Manager of BCI Project from NLRDF, shared information about the project.

Shri Manishbhai Patel – Area Officer from Gujarat Green Revolution Company (GGRC)



Vadodara – discussed the importance and benefits of drip irrigation. Shri B M Shah – Executive Director at NLRDF – encouraged farmers for to adopt better farming techniques. He discussed the negative effects on farming, asking farmers to adapt methods that reduce risks. Shri Nirajkumar Lal shared thoughts on protecting environment by using organic manures and medicines.

Vatsabhai Kacharabhai Patel, village leader of Matoda village, also interacted with the farmers about organic farming and shared tips for better farming by zero budget. Kanubhai Lakum discussed how to make organic medicines for better cotton farming. Vinodbhai Desai from NLRDF encouraged farmers to implement what they learnt from the training.

Total 102 people, including 81 farmers from 16 villages, and project staff participated in the training.

#### **Workshop on Organic Pesticides**

In the beginning of the workshop, Kanubhai Lakum disseminated information about the BCI project being implemented in Khedbrahma and Vadali Talukas.

Then Shri Jagdishbhai from Aanand Agriculture University held a detailed session with the participants and interacted about the cash crop of BT cotton. He emphasized that cotton is very important cash crop and farmers can earn well from this crop. He discussed the use of nitrogen and compost manure, process of using urea, and specific findings of weed infestation in cotton.

Further, he talked about the following areas:

- Process of leaf and flower blossoming
- Importance of weeding in agriculture
- Use of quantity and duration of urea, phosphorus, potash needed in BT Cotton
- How to control pests in BT cotton

He thus discussed advantages of BT cotton.

Shri Deep Shukla from Asar Impex Pvt. Ltd discussed with the participants about agro clean to control sucking pests and agro

charger medicine which invigorates the soil. He shared experiences and studies from other countries. He revealed how he made medicine after trials with 4565 farmers. Agro clean and agro charger both are organic, Shukla asserted.

Listing benefits of the drug, Shukla said that the drug only kills enemy pests, and is eco-friendly. It provides proper nutrition & fertilizer to the roots of the crop, and makes it resistance to pink caterpillars. Both these drugs can be given with irrigation and spray in the crop.

and Sr.	question-answers session.				
Sr. No	Activities	Participants			
1	Programmatic training	4404			
2	Agronomic training	4404			
3	Refresher agronomic and	3055			
Ū	programmatic training	0000			
4	Pre-sowing training	4404			
5	Post sowing training 1	3215			
6	Water saving and hazard of	173			
	pesticide				
7	Demonstration and Field day	81			
	workshop				
8	Compost fertilizer training	550			
9	Organic Pesticide workshop	142			
10	Education and Awareness	213			
	training-KVK				
11	Video showTraining	922			
12	Monocotophos and PPE Demo	1568			
	Rally and Natak				
13	Decent work	728			
14	School awareness activity (	545			
	Children )				
15	Tree Plantation	1924			

The workshop was ended with good interaction



### Workshop on Menstrual Hygiene and Management

The workshops on Menstrual Hygiene Management were organized at K K Thakar College - Khedbrahma which was attended by NLRDF, girl students and village volunteers. Menstrual hygiene management (MHM) is an essential aspect of hygiene for women and adolescent girls between menarche and menopause. The aim of the workshops was to train and educate students, girls and women on menstrual hygiene and management.

Shri N D Patel, Principal of K K Thakar College Khedbrahma, and representatives from Shekhani Industries -- Neetaben Shah, Krupaben Shah and Bijalben -- were present for the workshop.

Mr. Vinod Desai from NLRDF, in the beginning of the workshop, introduced resource persons and provided outline of the workshop to the participants.

Neetaben Shah discussed at length the changes that occur during menstruation and menstruation cycle. She also discussed how infection is spread by using household clothes during menstruation and precaution to be taken during menstruation. She also explained how unhealthy and unhygienic practices during menstruation adversely affect women's sexual and reproductive health and well-being, and deliberated on solutions to tackle these issues. Krupaben discussed menstruation is a naturally occurrence, a physiological phenomenon in adolescent girls and pre-menopausal women. She also explained the calculator of menstruation and cleared doubts about the monthly cycle. Bijaben educated the participants about how to take good care of one's own self during menstruation. She discussed dos and don'ts during menstruation period. She stressed on the need for regular exercise and asked participants to avoid cold drink, tea, coffee.

The participants understood well about the types and usage of available menstrual resources such as sanitary pads, cloth pads, and tampons, etc. The participants were trained and educated about effective MHM practices. About 375 people (275 students and 100 volunteers) participated in the workshops.



### **Beauty Parlour Training**



NLRDF with the support of The National Bank for Agriculture and Rural Development (NABARD) organized training under Micro Entrepreneurship Development Programme (MEDP) for promotion of self-employment opportunities for residents of Naka Village in Khedbrahma Block of Sabarkantha District. The theme of the 13-day training was to impart skills for running a beauty parlour. About 30 women participated in the training from 4 villages.

Shri Kanti Patel, Chief Manager, NLRDF, and Shri Vinod Desai, Project Administrator, NLRDF, encouraged the participants and shared the purpose of the training in the introductory session. They discussed how the training would help them earn their livelihood and create future opportunities. The training emphasized on gender equality and women empowerment in the society.

Women in rural are also desirous of beauty treatment and they want to avail services of the beauty parlour on special occasions like festivals, marriage, family functions and so on. A majority of women visit Khedbrahmma for this purpose. As it is time-consuming and a costly affair, women belonging to moderate means do not opt for beauty parlour treatment owing to its higher expenses. This training therefore empowers rural women and help them initiate their own work in their villages where women can avail the beauty parlour services. It is a win-win situation for both as it creates livelihood of those offering the beauty parlour services and its accessibility makes it affordable to women customers in rural areas.

The objective of training was to develop skills and knowledge about hair & skin care, manicure, pedicure, beauty treatments comprising casual makeup, party makeup, bridal makeup, eye brows, eye lashes, facial & skin treatments, hair styling techniques and methods.

Theory and practical, both the aspects, were covered in the training.

- Importance of training
- Grooming, Hygiene & Safety
- Basic Haircuts
- Hairstylist
- Facial hair
- Eye brows, eye lashes
- Waxing

On the last day of the training Mr B M Shah, Executive Director, NLRDF, Mr Niraj Kumar Lal, Head CSR, Arvind Ltd, and Mr Naval Kannor, DDM, NABARD, Sabarkantha, were present and congratulated all the participants for successfully completing the training given by NLRDF. He also appreciated the training and distributed travelling allowance and kit by NLRDF to all trainees.

The Overall training was very informative and helpful for the participants. It helped and courage them to initiative their own work offering beauty parlour services in their own villages.



# **Masonry Training**

NLRDF organized 13-day masonry training under MEDP – NABARD at Khedbrahmma. The training was organized for 30 youths of tribal villages where they were given training on masonry works.

The objective of training was to improve craftsmanship of a mason in carrying out brick masonry and other skills required for mason works.

The following curriculum was covered:

- Introduction and explanation of basic objectives of the programme and its scope
- The basics of masonry practice and building materials, measurement and units
- Layout for masonry
- Methodology for layout of base course

- Basic estimation of productivity and consumption of raw materials
- Planning for materials and manpower required for a day's work
- Thumb rules to estimate raw material requirement masonry

At the end of the training, Shri Naval Kannor, DDM, NABARD, Sabarkantha District, shared details of different schemes of NABARD. He motivated the participants and explained how they can use their learning from the training in the market and how it would help them generate livelihood. He also emphasized on the gender equality, importance of women empowerment and skill up-gradation for livelihood in the society. Necessary kit for the mason work was also provided to the trainees by NLRDF at the end of the training.



### Heartfullness - Meditation





Today society is passing through crisis mentally. The number of rural people facing daily life issues are on the rise as they bear the repercussions of economic and social disadvantages. In this context, NLRDF, in association with Heartfulness Institute, organized 'Dhyannotsav' – a meditation programme -- in Laxmipura village of Khedbrahma Taluka. The key purpose of this programme was to use meditation for a balanced and content life.





Prior to this programme, the organization planned a rally in the village and encouraged people to participate in the programme. The representatives of the organization and village leaders helped make this rally successful. Villagers during the rally received the message about importance of participating in the meditation programme.

Inaugurating the meditation programme, Chief Manager Shri Kanti Patel welcomed the guests & participants with inspiring words. Village Sarpanch, Vice Sarpanch, Panchayat members, school principals, principal of K K Thakar College were present at the inauguration of the programme.



During the three-day programme, a play was performed by Girishbhai Turi that called for use of organic manure and organic medicines for farming. He shared with participants how to reap better harvest with low cost. Shri Kiritbhai Desai from Ramchandra Mission, Ahmedabad, provided insight about meditation and relaxation, and how prayer is connected with inner self. Shri Ajaybhai Solanki from NLRDF also shared about love through story telling. Video shows on mindfulness were screened during the programme.

This programme helped residents understand that meditation relieves stress, brings in positivity in life, inculcates self-confidence, bestows inner divinity and peace and increase efficiency through concentration in work.



At the end of the meditation programme, the participants were motivated to present their learning and share it with others. About 300 villagers of Laxmipura participated in this programme.

#### **Regular Weekly Meditation Programme:**

After three sessions of meditation in Laxmipura, we have planned Meditation session every Saturday morning and evening following the interest of Laxmipura residents. We cover school students, hostel inmates and local community in the programme. The



staff of Narottam Lalbhai Rural Development Fund at Khedbrahma office are also regular participants at the programme which is conducted every Saturday at Khedbrahma office between 4-5 pm.

A lot of appreciation and active contributions have been received from Executive Director of NLRDF, Trustees, Shri Punit Lalbhai, Executive Director, Arvind LTD, and from team of Ramchandra Mission Ashram, Ahmedabad, for effective implementation of this Meditation Programme.

Date	Time	Place	Beneficiaries	No. of Participants	Prefects
01-02-2020	4.00to 5.00	NLRDF Office- Khedbrahma	NLRDF Staff	22	Kishanbhai
01-02-2020	8.00 to 9.00	AWC center – Laxmipura	Villagers	60	Kishanbhai
08-02-2020	4.00 to 5.00	NLRDF Office- Khedbrahma	NLRDF Staff	26	Laxmansinh
08-02-2020	7.00 to 7.45	Hostel - Laxmipura	Students	70	Laxmansinh
08-02-2020	8.15 to 9.15	AWC center – Laxmipura	Villagers	60	Laxmansinh
15-02-2020	4.00 to 5.00	NLRDF Office- Khedbrahma	NLRDF Staff	20	Laxmansinh
15-02-2020	7.00 to 7.45	Hostel - Laxmipura	Students	70	Laxmansinh
15-02-2020	8.15 to 9.15	AWC center – Laxmipura	Villagers	50	Laxmansinh
22-02-2020	4.00 to 5.00	NLRDF Office- Khedbrahma	NLRDF Staff	22	Kejal Kansara
22-02-2020	7.00 to 7.45	Hostel - Laxmipura	Students	65	Kejal Kansara
22-02-2020	8.15 to 9.15	AWC center – Laxmipura	Villagers	50	Kejal Kansara
29-02-2020	4.00 to 5.00	NLRDF Office- Khedbrahma	NLRDF Staff	70	Laxmansinh
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29-02-2020	7.00 to 7.45	Hostel - Laxmipura	Students	80	Laxmansinh
29-02-2020	8.15 to 9.15	AWC center – Laxmipura	Villagers	55	Laxmansinh
07-03-2020	4.00 to 5.00	NLRDF Office- Khedbrahma	NLRDF Staff	22	Laxmansinh
07-03-2020	8.00 to 9.00	AWC center – Laxmipura	Villagers	90	Laxmansinh
14-03-2020	4.00 to 5.00	NLRDF Office Khedbrahma	NLRDF Staff	23	Manilal Patel
14-03-2020	5.00 to 6.00	Hostel - Laxmipura Students 21		21	Manilal Patel
14-03-2020	8.00 to 9.00	AWC center – Villagers 55 Laxmipura		55	Manilal Patel

# **Block Placement of Students:**

Sr	Name of Students	Name of Institute	Course	Period
1	Kotvaliya Savul Kashiram	Gram Vidhyapith- Thava, Ta- Netrang. Dist- Bharuch	BRS	10-12-2019 to 09-01-2020
2	Vasava Ashwin Nareshbhai			

# Visitors:

Sr.No	Name of Visitor	Name of Institute	Designation	Purpose of visit
1	Divya Saxena & Mausami	M. S University Baroda	Students of foods and Nutrition.	Part of course
2	Mr. Deepak Swaroop	CottonConnect	Country Manager India	NGO visit
3	Ms. Sumbul Mashhadi and Ms. Rukum	Dalberg Group,Delhi	Consultant	How to easy documentation & transparency in BCI Project.
4	Ms. Falguni Parikh Mr. Janak Mehta	NASA Foundation	Add. Chief Executive. Chief Executive	Girls Toilet survey in Rural Areas schools
5	Mr. Viratbhai Nagar	TSU - Ahmedabad	Training and Evolution Officer	EML Related work
6	Mr. Manubhai and Mr. Premchand bhai	GSACS- Ahmedabad	Training Officer ELP	Liosaning work with Local Industries.
7	Mr.Satishbhai Mistry Ms. Nimishaben Patel	BDNP+	Director Coordinator	NGO visit
8	Mr. Ashish Macwan	Help Age India	Director	Health camp support visit
9	Mr. Bhavesh M.Rana	DAPCU- Bharuch	District Supervisor	TI-ICTC Co Ordination Visit
10	Mr. Sonaji K.Thakor & Tl Team	Chuval Gram Vikas Trust, Bechraji	Project Manager and Team members of NACP	TI activity Exposure
11	Mr.Awnish Kispotta	TSU	PO ,M & E	Field visit NACP

# **Visitor Note:**

29.1.20 NLROF We are thankful to Have a tear of NLROF at Postina Block. We Could Complete our work on time. To performent of pools I Nutvition The Maharaya Jayaji Lao Universiti Banada will that toan for great Do great Hospitality & Holp. we would like to lone percelle again with the team. Unicof > nother child Digod ASC, Jacutty of family florminely 20.09.19 NLRDF, One team of reaschers from MSO The Mahajaja Layajisao University of Vadadea) The family of Sollal work. Research cell; had visited NLRDF's area, villages from Chidbrahua-Poshing for the proper UNICEF-MMCN and we are glad that we got such great hospital my supposed and case from the loving staff of NLRDF. We wish them best and lots of strength and happiness for future endeavoures. UNICEF- MIYON Team. CRX MSU, Faculty of Sochal Work 00

# **Appreciation Letter:**



# Representation of NLRDF in Government Body

- Member of Advisory Committee of Sabarkantha District-Himmatnagar.
- Member of local monitoring body for various project of Krushi Vikas Kendra-Khedbrahma, District Sabarkantha
- Member of District level Committee for Rehabilitation of Vulnerable Women in Sabarkantha District by Women & Child Development Department, Gandhinagar.
- Member of Committee of E-formal sector Development Urban Community Development Department in Ahmedabad Municipal Corporation.
- Member of Appeal Samiti for Prime Minister Avas Yojana in DRDA of Sabarkantha District
- Member of sub group of Primary Education, Women & Child Development Department, Gandhinagar

# **Our Financial Supporters**





# **Recognitions:**

- NLRDF is a Voluntary Organisation registered under the Bombay Public Trust Act 1950 as Charitable Trust (Reg. No. E/3296/29.7.1978 and also u/s 12A of the Income Tax Act.1961 No. N-83/ARV.
- All individual and corporate donations are eligible for exemption under u/s 80.G vide their letter No. DIT (E) /80G(S)/1176/06-07, dated. 20.9.2007
- NLRDF is registered under Foreign Contribution Regulation Act 1976 for accepting foreign donations and grants vide Registration No: 041910009 dated. 8.1.1985

Our Bankers				
State Bank of India	Ahmedabad, Khedbrahma, Dahej			
State Bank of India	Ahmedabad (FCRA A/C)			
Kotak Mahindra Bank	Ahmedabad			
Bank of Baroda	Idar, Sabarkantha			

## **Our Auditor**

Sorab S. Engineers & Co., 804, Sakar – IX, Near Old RBI, Ashram Road, Ahmedabad - 380009.

#### SORAB S. ENGINEER & CO. (Regd.) CHARTERED ACCOUNTANTS

TELEPHONE	: +91 79 29700466
	: +91 79 48006782
EMAIL	:sseahm@sseco.in
	sseahm@hotmail.com
WEB	: www.sseco.in



#### **AUDITOR'S REPORT**

#### TO THE DEPUTY CHARITY COMMISSIONER, AHMEDABAD RELATING TO ACCOUNTS AUDITED UNDER SUB-SECTION (2) OF SEC. 33 FOR THE YEAR ENDING 31<sup>st</sup> MARCH 2020

## NAME OF THE PUBLIC TRUST : NAROTTAM LALBHAI RURAL DEVELOPMENT FUND

Registration No. E/3296, Ahmedabad

- (a) The accounts are maintained regularly and in accordance with the provision of the Act and Rules.
- (b) Receipts and disbursements are properly and correctly shown in the accounts.
- (c) The cash balance and vouchers in the custody of the Accountant on the date of the audit were in agreement with the accounts.
- (d) All books, deeds, accounts, vouchers or other documents or records required by us were produced before us.
- (e) Inventories certified by the Trustees of the movables of the Public Trust were produced before us.
- (f) The Accountant appeared before us and furnished the necessary information required by us.
- (g) No property or funds of the Trust were applied for any object or purpose other than the object or purpose of the Trust.
- (h) An amount of Rs. 459001.87 outstanding for a period of more than one year.
- (i) No construction work and repair work involving expenditure exceeding Rs. 5,000/was carried out during the year.
- (j) No money of the Public Trust has been invested contrary to the provisions of Section 35.
- (k) No alienations of the immovable property contrary to the provisions of Section 36 have come to our notice.
- (1) No special matter which we think fit or necessary to bring to the notice of the Deputy Charity Commissioner.

Ahmedabad 30.09.2020

For Sorab S. Engineer & Co.

Firm Registration No.110417W Chartered Accountants

CA. Chokshi Shreyas B. Partner Membership No.100892 UDIN: 20100892AAAAYN2510

Head Office : 902, Raheja Centre, Free Press Journal Marg, Nariman Point, Mumbai-400 021. Telephone : +91 22 2282 4811, 2204 0861 • Email : sorabsengineer@yahoo.com, ssemum@sseco.in

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		SCHED	DULE VIII		
		(See ru	le 17(1))		
Name of Public Trust : NAR	OTTAM LALBHAI R	URAL DEVELOPM	AENT FUND		
Trust No. : E/3			Registration: 29 / 07 / 1978		
Address of the Trusts' office : Arvir	and the second of the second se		-		
	68268760				
		ntribution - Stat	e Bank of India Bhadra, A/c NO - 560	05006310	
	10009 Date : 08. 0				
			at March 31, 2020		
FUND AND LIABILITIES	Rs.	Rs.	PROPERTY AND ASSETS	Rs.	Rs.
Trust Fund or Corpus			Immovable Properties		-
Blance as per last balance sheet		2,101,017.55	Investments		-
			Furniture and Fixtures As		
			per Annexure - 2		1,703,092.80
Other earmarked Funds					
(Created under the provisions of the					
Trust-deed or scheme or out of the income)			Loans, (Secured or unsecured) As		
As per Annexure 1		4 908 503 28	per Annexure - 5		
Depreciation Fund -		4,500,505.20	Goods		
As per Annexure - 2		1 340 668 80	Loans Scholarship		
Sinking Fund		-	Others loans	863,937.83	863,937.83
Reserved Fund		-		000,007.00	000,007,000
Any other Fund (Capital Grants)			Advances		
As per Annexure - 3		228,649.00	To trustees		
		220/010100	To employees		
Loans (secured or unsecured)			To contractor		
From trustees	-		To lawyers		
From others	-	-	To others	-	
Liabilities			Income Outstanding		
For Expenses	-		As per Annexure- 6		
For Advance			Rent		
For rent and other deposits			Interest	30,440.00	
For Sundry credit balances			TDS receivable	1,107,192.20	1,137,632.20
As per Annexure - 4	2,076,887.66	2,076,887.66			
Income and Expenditure Account					
Balance as per last balance sheet	19,862,781.20		Cash and Bank Balance As		
			per Annexure - 7		
Less : Deficit for the year	1 605 774 75	10 177 000 50	(a) In current/ Savings account and	24 454 252 75	
	1,685,771.70	18,177,009.50	fixed deposit account	24,451,263.74	
			(b) In F.C.R.A. Account	654,601.80	
			(c) Cash With the trustee	22,207.42	25,128,072.96
			(d) Cash With the Accountant	22,207.42	25,128,072.96
Total:		28,832,735.79	Total		28,832,735.7

The above Balance Sheet to the best of my/our belief contains a true account of the funds and Liabilities and of the property and Assets of the trust.

Place Ahmedabad Dated :30.09.2020 Trustees

Narottam Lalphai Rural Development Fund Name : Address : Phone No.079-68268762

As per our report to even date For Sorab S. Engineer & Co. Firm Registration No. 110417W Chartered Accountants

1 < Jh CA. Chokshi Shreyas B.

Partner Membership No. 100892 804, Sakar - IX, BESIDES Old RBI, Ashram Road, Ahmedabad - 380009 Phone No : 079 - 29700466



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#### SCHEDULE IX

(see rule 17 ( 1) )

 Name of Public Trust
 : NAROTTAM LALBHAI RURAL DEVELOPMENT FUND

 Trust No.
 : E / 3296
 Date of Registration: 29 / 07 / 1978

 Address of the Trusts' office : Arvind Mills Premises , Naroda Road , Ahmedabad- 380 025
 Phone No.
 : 079 - 30138760

 Bank Account No, of Trust for transacton of Foregin Contribution - STATE BANK OF INDIA , BHADRA , A/C NO - 56005006310
 FCRA No. : 041910009
 Date : 08. 01.1985

#### Income and Expenditure Accounts for the year ending March 31, 2020

EXPENDITURE	Rs.	Rs.	INCOME	Rs.	Rs.
To Expenditure in respect of			By Rent ( accrued / realized)		-
properties			144 - 14 - 14 - 14 - 14 - 14 - 14 - 14		
Rates. Taxes, Cesses	-		By Grant		
Repairs and Maintenance	-		As per Annexure - 1		15,769,016.00
Salaries	-		By Interest (accrued)		
Insurance	-		As per Annexure - 11		
Depreciation			On securities		
(by way of provision or adjustment)			on securities	1,450,316.00	
Others expenses		-	On Loans		
To Establishment expenses			On Bank account	314,470.00	
As per Annexure - 9		3,426,431.00			1,764,786.00
To remuneration					
(in the case of a math)					
To the head of the math, including	~				
his House hold expenditure. if any			By Dividend		
To legel expenses		-			
To audit Fees		99,120.00	By Donations in cash or kind		
To contribution and fees		1.00	Domestic International F.C.R.A.No. and Date	-	lui -
To amounts written off-			International F.C.N.A.NO. and Date	-	
(a) Bad debts	-		By Income from other sources		
(b) Loan scholarship	1		As per Annexure - 12		759,344.00
(c) Irrecoverable rents	-				
(d) Others items		-	By Transfar from Reserve	•	
To Miscellaneous expenses			•		
As per Annexure - 8		521,727.70			
To Depreciation			By Deficit carried over to Balance Sheet		1,685,771.70
As per Annexure - 2		162,623.00			
To Amounts transferred to Reserve			2		
of specific funds		-			
To Expenditure on objects of the					
trust (Specify if any from FCRA) As	÷.,				
per Annexure - 10					
(a) Religious					
(b) Educational	1,380,427.00				
(c) Medical Relief	6,396,778.00				
(d) Relief of poverty	-				
(e) Other Charitable objects	7,991,811.00	15,769,016.00			
Total:	-	19,978,917.70	Total		19,978,917.70

Place :Ahmedabad Dated : **30**:09.2020

0 neel Trust

Narottam Lalbhai Rural Development fund Name : Address : Arvind Mills Premises Narora Road, Phone No.079 68268762



As per our report to even date For **Sorab S. Engineer & Co.** Firm Registration No. 110417W Chartered Accountants

q.

CA. Chokshi Shreyas B. Partner Membership No. 100892 Membership No. 100892 804, Sakar - IX, BESIDES Old RBI, Ashram Road, Ahmedabad - 380009 Phone No : 079 - 29700466



# આરોગ્સ ŋ

# (પ્રતિનિધિ

નરોત્તમ લાલ ડેવલોપમેન્ટ ફંડ સંસ પરિવર્તન પ્રોજેક્ટ ર ગામે પોષણ પરિવ તા. ૨૧-૧૦-૧૯નાં ર આવ્યો. કાર્યક્રમમાં ર યાત્રી બહેનોએ અ બાળકની માતાઓએ કાર્યક્રમમાં નોરત્તમ લ ડેવલપમેન્ટ ફંડ સંસ શેઠ સંવેગભાઈ લાલલ રહ્યા હતાં.

विशा કુષિ ડો.પ્રિતિબેન દવેએ ર લીલા શાકભાજીમાંથી તત્ત્વો કઠોળમાંથી મળ સમજ આપી છ મા માતાનું ધાવણ આપવું પુરા થયા બાદ સ્તનપ ઉપરી આહાર આપ



ભરૂચ જિલ્લાના વગરા તાલુકાની સુવા સરકારી માધ્યમિક શાળામાં રૂરલ ડેવલોપમેન્ટ જોળવાના એન.જી.ઓ. નરોત્તમભાઇ લાલભાઈના સહયોગથી 'ઉજાશભણી" કાર્યક્રમ યોજાયો હતો. જે અંતર્ગત કિશોર અવસ્થામાં એચ.આઈ.વી. બાળ લગ્ન પ્રતિબંધક ારો, પોસ્કો, જાતીય શોષણ, બેડ ટચ ગુડ ટચ, બાલ અધિકાર, જુદા જુદા રોગ થવાના કારણો અને તેના યોગ્ય ઉપાયો તથા રોગોના થાય અને શરીર નિરોગી રહે તે માટે લેવાની કાળજી, વ્યસન મુક્તિ વિગેરેની ઉડી સમાજ બાળકોને આપી ખુબજ જરૂરી માર્ગદર્શન પૂરું પડતો કાર્યક્રમ યોજાયો હતો. જેમાં એન.જી.ઓ. ગ્રુપના જીગ્નેશ ભીમરાજ, ગોહિલ રણજીતભાઇ, ઈદ્રીશભાઈ, પ્રીતિબેન રાણા રિલાયન્સ કંપનીના ડો. ગુકારાભાઇ, પ્રાાતબન રાજ્યા સ્વાપય સ ક્વમાં થ ડા. શાહરુખ મન્સૂરી એ માર્ગદર્શન અને જરૂરી માહિતી પરી પાડી હતી. અને દેશો. બનાવ્યો કલ્





કોલોનીમાં સ્વામી વિવેકાનંદની જન્મ જયંતિ નિમિત્તે યુવા દિવસની ઉજવણી કરવામાં આવી હતી. જેમાં સંસ્થા દ્વારા માઈગ્રન્ટ કોલોનીમાં સ્વામી વિવેકાનંદની છબી મૂકવામાં આવી હતી જેની સાથે સંસ્થાના કર્મચારી અને માઈગ્રન્ટસ લોકોએ સેલ્ફી તેમજ ફોટો પડાવ્યા હતા.સ્વામીજીના દરિદ્ર નારાયલ સૂત્ર પર ચર્ચા કરવામાં આવી હતી.હાજર લોકોને એચઆઇવી/



એઇડ્સ અને ટીબી લક્ષી પણ જાણકારી :



શ્રીરામચંદ્ર મિશનઅને નરોતમલાલભાઈ રૂરલટ્રસ્ટસંસ્થાનાં સંયુક્ત ઉપક્રમેશેઠનરોત્તમલાલભાઈહાઈસ્કૂલના રાજાભાઈ રંગમંચમાંતારીખ ૧૦- ૧ -૨૦૨૦ થી તારીખ ૧૨-૦૧-૨૦૨૦ પ્રણ દિવસનો ધ્યાનોત્સવ કાર્યક્રમકરવામાંઆવ્યો.આકાર્યક્રમનોમાન

## લીફલેટ વહેંચી ટીવી અને એગ આઇ પરિવર્તન પ્રોજેક્ટ અંતર્ગત પોષણ સ્તરમાં સુધારો લાવવા ખેડબ્રહ્યા અને પોશીના તાલુકા ની ૩૦ આંગણવાડી અને ચાર શાળાઓમાં ન્યુટ્રીશિંચન ગાર્ડન તૈયાર કરાયા

કરવામાં આવે છે જ્યારે ઓગણવાડી કે શાળામાં વપરાયેલું

ઓગણવાડી કે શાળામાં વેપરાયલુ પાણી પૂરું પડાય છે નું ઘર અને શાહના મકાનની આસપાસ આવેલી ખુલ્લી જમીનમાં ન્યુટીશન ગાર્ડન ના નિર્માણ માટે ઉપયોગ કરાય છે આ મહત્વપૂર્ણ પ્રોજેક્ટ અંગે માહિતી આપતાં તે મણે ઉમેર્યું આંગણવાડી અને શાળામાં પ્રાથમિક તબક્કે ખેડબ્રહ્માનુ આંગણવાડી



ઉપયોગ થાય તે માટે પ્રયત્ન કરેલ છે. પ્રોજેક્ટ કોઓર્ડિનેટર મણીભાઈ છે. પ્રોજેક્ટ કોઓડેનટર મશાભાઇ પટેલે જણાવ્યું કે આવનારા દિવસોમાં સ્વસહાય જુથની બહેનો સગભાં અને ધાત્રી માતાઓને પોતાના ખેતરમાં નજીવા ખરેંગાર્ડન બનાવી તેવા પ્રયત્નો કરવામાં આવશે જેથી તે મના બાળકો સુપોષિત રહીશકે. ખેડબ્રહ્માતાલુકાના & શ્રીમતી કોકીલાબેન પટેલ તથા

હોય છે માટે તમામ ખેડૂતો ટપક સિંચાઈ કરે તે

ખાસ જરૂરી છે. અરવિંદ લી.ના પ્રતિનિધિ સમીર

ભાઈ પ્રજાપતિ એ તેમના દારા ચાલતા પોગ્રામ ની

વિગતે માહિતી આપી હતી. કોટન કનેક્ટ ના સમીર

ભાઈ પંડિતે એ ઉપસ્થિત ખેડૂતો સાથે સંવાદ કર્યો

હતો..કાર્યક્રમ ના અને નરોત્તમ લાલ ભાઈ ના

બી.સી.આઈ.ના મનેજર ગૌતમ ભાઈ પટેલ

ઉપસ્થિત તમામ લોકો ને આભાર માન્યો

હતો..આમ ખેતી માં રાસાયણીક ખાતરો થી થતા

નુકશાન અને ઓછા પાણી એ સારી ઉપજ લઈ

શકાય એ અંગે ની કાર્ય શાળા સફળ થઈ હતી.

દિલ્ટા ભારકર બુધવાર, 13 નવેમ્બર, 20 દહેજ ખાતે સ્થળાંતરિત લોકોનું એચઆઇ એઇડ્સનું પરીક્ષણ કરાયું



દહેજ નરોત્તમ લાલભાઈ રૂરલ ડેવલપમેન્ટ ફંડ દ્વારા સ્થળાંતરિત એચઆઈવી /એઇડ્સ, ટી.બી. અને સ્વચ્છતા લક્ષી જાગૃતિ આવે કોંગરિકેશન કાર્યક્રમનું આયોજન કરવામાં આવ્યું હતું. દહેજના સ્ લોકોના સમુદાયમાં જઈને સંસ્થા દ્વારા પોસ્ટર પ્રદર્શન કરવામાં ર તથા જ્ઞાન અને માહિતી સભર સાહિત્યનું વિતરશ કરવામાં અ સંસ્થાના પ્રોજેક્ટ મેનેજર પ્રીતિ રાશા અને કાઉન્સેલર જિજ્ઞેશ ભીગ ઉપરોક્ત વિષયના સંદર્ભમાં વ્યાખ્યાન થયું હતું. આ ઉપરાંત ડૉ

# વુમનસેલ અંત

#### (પ્રતિનિધિ) ખેડ ડી.ડી. ઠાકર આટેર

. જે. પટેલ કોમરાં ક ખેડબ્રહ્માના વુમનસલ નરોત્તમલાલભાઈ ગ્રુપના ઉપક્રમે તા. ૧૫.૪.૨૦૧૯ કોલેજ હોલમાં વિદ્યાર્થ માટે નરોત્તમ લાલભાઇ અમદાવાદથી નીતાબેન विભूतिभेन मखेता अने इ ઉપસ્થિત રહ્યા શાહ 382 આ

મનસેલના સહ કન્વી. નિશાબેને મહેમાનોનો પ આપ્યો. સંસ્થાના આ એન.ડી. પટેલે શાબ્દિક કર્યું ત્યારબાદ પુષ્પગ સ્વાગત કર્યા બાદ ત્રણેય दारा सेनेटरी नेपडी-ઝીણવટથી માહિતી આ આવી. આ પછી



રૂપિયા સુધીની સબસિડી ઉપરાંત ખેડૂતને વીમો અપાય છે. એન.એલ.ટ્રસ્ટ ના ડાયરેક્ટર અન.અલ.દ્રસ્ટ ના ડાયરક્ટર શ્રી બી.એમ. સાહેબે જણાવ્યું કે ખેતીની નકારાત્મક અસરોને સમજવી પડે જોખમ ઓછું કરવાનો સમય છે. અરવિંદ લિમિટેડ ના

તાલુકાના ર્નદઘર એટલે કે આંગણવાડી અને શાળાઓમાં અભ્યાસ કરતા બાળકોને પોષણ શાકભાજી ખાવાથી આદત વધે તે માટે એક મહત્વપૂર્ણ પ્રોજેક્ટ લેવામાં આવે છે નરોતમ લાલભાઈ રૂરલ ડેવલપમેન્ટ દ્વારા યુનિસેક નીનાણાકીચ અને તકનીકી માર્ગદર્શન દ્વારા પરિવર્તન કાર્યક્રમ માગંદશન દારા પારવતને કાયકુન સો ગામડાઓમાં અમલી છે. ચીક મેનેજર કાંતિભાઇ પટેલે કહ્યું હતું કે ઓગણવાડી અને શાળામાં અભ્યાસ ૨૦૨૦ બાળકોને તાજા અને

> ગૌતમભાઈ પટેલે સંસ્થાનો પરિચય આપ્યો. અને હ્રષ્ઠે કાર્યક્રમમાં ખેડૂતોને તાલીમ દ્વારા વિડિયો શો

> દ્વારા નિદર્શન પ્લોટ દ્વારા વિકાસની

નવી લખી પ્રવૃત્તિની સમજ આપી.

ખેડૂત તાલીમકેન્દ્ર ખેડબ્રહ્માના જમીન ચકાસણી વિભાગના

અધિકારી શ્રી જે.ડી. પટેલ સાહેબે

જમીન ચકાસણી અને પાણીની

ચકાસણી કરાવી જમીનની જરૂર

પૂરતા પોષક તત્વો દ્વારા ખાતર

ગજરાત સરકાર

(પ્રતિનિધિ) ખેડબ્રહ્મ, આંગણવાડી અને શાળામાં રીગણા ભીંડા તૂરિયા ટામેટા દૂધી મેથી પાલક જેવી શાકભાજી ઉગાડી બાળકોને ભોજન માં આપવામાં

બાળકાન ખાં કરે મેં માં કાર્યું છે. આવે છે. કાર્યક્રમ પોષણ અભિયાન અંતર્ગત પેડબ્રહ્મા અને પોશીના તાલુકાના પોષણસ્તરમા સુધારો આવે તે હેતુથી તાલુકાના નદિઘર એટલે કે આંગળવા ઊ અને શાળાઓમાં ભરૂચના મેઘમેળા માં વિવિધ સંસ્થાઅ સંયુક્ત ઉપક્રમે એચઆઈવી/ એઈડ્સ ટીબી જેવા રોગ અંગે અવેરનેસ

ભરૂચ



기사되며 되게에의

યુરવાર તા. ૦૫ ડિસેમ્બર, ૨૦૧૯

ભરૂચમાં વિશ્વ એડ્સ

દિવસની ઉજવણી

state એઇડ્સ કંટ્રોલ સોસાયટી તથા

નરોધામ લાલભાઈ રૂરલ ડેવલોપમેન્ટ

ફંડ દહેજના સંયુક્ત ઉપક્રમે વિવિધ

એનજીઓ સંસ્થાઓના ઉપક્રમે ટીબી

તેમજ એચ આઈ વી જાગતિ અંગે

કાર્યક્રમ યોજવામાં આવ્યો હતો .જેમાં

વી અંગે જાગૃતિ ફેલાવવાન

કર્યો હતો .જેમાં મોટી

તબીબો સહિત નિષ્ણાતો

રહ્યા હતા.

કાર્યક્રમ યોજાયો હતો.

રેલ્વે સ્ટેશન સ્થિત gujarat

ભરૂચના મેઘમેળા માં વિવિધ સંસ્થાઓના સંયક્ત ઉપક્રમે એચઆઈવી/ એઈડસ અને ટીબી જેવા રોગ અંગે અવેરનેસ કાર્યેક્રમ યોજાયો હતો

નરોત્તમ લાલભાઈ રૂરલ ડેવલપમેન્ટ ફંડ,દહેજ અને ડેવલપમેન્ટ સપોર્ટ ટીમ માઈગ્રન્ટ તથ ડેવલપમેન્ટ સપોર્ટ ટીમ સીસી સંસ્થાઓ દ્વાર સંયુક્ત ઉપક્રમે ભરૂચ શહેરમાં ભરાયેલા મેઘરાજાના ભાતીગળ મેળામાં એચઆઈવી/ એઈડસ અને ટીબી જેવી મહામારી બીમારીએ ને અટકાવવા માટે જનજાગૃતિ ઈવેન્ટનું આયોજન કરવામાં આવ્યું હતું.મેળામાં આવનાર લોકોએ તેનો લાભ લીધો હતો.સંસ્થાઓ દ્વારા મેળામાં ટેન્ટ લગાવી મેળા માં આવતા જતા લોકોને અવેરનેસ પેમ્પ્લેટ,પુસ્તિકાઓ જેવા વિવિધ મટીરીયલ આપવામાં આવ્યા હતા અને પ્રવચન પણ આપવામાં આવ્યુ હતુ.તો લાલ રીબીન પણ બાંધવામાં આવી હતી. તેમજ એચઆઇવી / એઈડ્સ ના ટોલ ફ્રી નંબર ૧૦૯૭ નો પણ પ્રચાર પ્રસાર કરવામાં આવ્યો હતો અને કોન્ડોમ પ્રમોશન પણ કરવામાં આવ્યું હતું.સમાજ કલ્યાણ ના શુભ આશયથી બંને સંસ્થાઓ દ્વારા સફળ રીતે આ ઈવેન્ટનું આયોજન કરાયુ

# નાખવા કહ્યું જમીન અને પાણીના નમૂના લેવાની પદ્ધતિ સમજાવી ખેડબ્રહ્મા ખાતે ખેતીમાં પાણીની બચત અને રાસાયણિક ીની તબીબી તપાસ થઈ હતી ખાતરોના જોખરા અંગે પોજાપો રોજિ ખાતરોના જોખમ અંગે યોજાયો સેમિનાર

(અલ્તાફ લુહાર - ઉદ્યોગ શક્તિ ન્યુઝ) ખેડબ્રહ્મા ખાતે નરોત્તમ લાલ ભાઈ રુલર

ડેવલોપમેન્ટ અને કોટન કનેક્ટ સનસ્થા દ્વારા ખેડબ્રહ્મા મુકામે વિશાલ સનખ્યાં માં હાજર ખેડૂતો ની સાથે ખેતીમાં ઓછા પાણી અને ખેતીમાં પાણી નું બચત કેવી રીતે કરી શકાય તે અંગેની ની માહિતી ઉપસ્થિત ખેડૂતો ને અપાઈ હતી..

ખેડૂત કાર્યશાળા માં નરોત્તમ લાલ ભાઈ ટ્રસ્ટ ના કાંતિ ભાઈ પટેલ સાહેબ દ્વારા મહેમાનો નું સ્વાગત કરી કાર્યક્રમ ખૂલો મુકાયો હતો..કૃષિ પોલીટેક્નિક ના વિજ્ઞાનિક ડો.જે.આર. પટેલ દ્વારા કપાસ ના વાવેતર માં રાખવાની કાળજી અને પિયત અંગે ની વિગત વાર માહિતી આપી હતી..કપાસ માં આવતી ગુલાબી ઈયળો નું નિયતરણ માટે તમામ લોકો ફેરોમેન ટ્રેપ લગાવે તેવી ખાસ વાત કરાઈ હતી..ગુજરાત ગ્રીન રિવોલુશન કંપની ના ફિલ્ડ મેનેજર મનીષ ભાઈ પટેલ સાહેબે ખેતી પાકો માં ટપક નું મહત્વ આ વિશે ખુબજ સારી વાત કરી હતી.. ખેતી પાકો માં પાણી કરતા વધુ ભેજ ની જરૂર



વિદ્યાર્થીઓને માહિતી લેક્ચર પદ્ધતિ અને ભવાઈ કલા દારા આપવામાં આવી. રૂચ.આઈ.વી.ના લક્ષણો, તેનાથી બચવાના ઉપાયો, સારવાર તેમજ જાતિય રોગો વિશે માહિતી આપવામાં આવી હતી. યોજવામાં આવેલી સ્પર્ધામાં પ્રથમ ૩ સ્થાને આવેલા વિજેતાઓને ઈનામ આપવામાં આવ્યા હતા. સાબર ગામ સેવા મહા વિદ્યાલય-સોનાસણ, આત્મવલ્લભ નર્સિંગ કોલેજ-ઈડર, મેલીટેકનિકલ કોલેજ-વડાલી, આર્ટસ કોલેજ-વડાલી, આરડેકતા કોલેજ-ખેડબહ્યા, વિદ્યાનગરી કોલેજ-હિંમતનગર, રીિનર્સિંગ કોલેજ-હિંમતનગર ખાતે કાર્યક્રમો યોજવામાં આવ્યા હતા જેમાં સંસ્થાના કાર્યકરો મહેન્દ્ર, શંકરભાઈ વગેરે ઉપસ્થિત રહ્યા હતા.



રૂરલ \$3-832 દ્રારા એઈડસ જાગૃતિ અંતર્ગત રેડ રીબીન કોલેજોમાં યોજાઈ ગયો જેમાં એચ. આઈ.વી. જાગૃતિ અંગે

કંડ-ઈડર દ્વારા એઈડ્સ જાગૃતિ કાર્યક્રમ 

## એન. એલ. ટ્રસ્ટ તથા કોટન કનેક્ટ દ્વારા જૈવિક દવા બનાવવા સેમિનાર ચોજાચો (પ્રતિનિધિ) ખેડબ્રહ્મા, તાજેતરમાં નરોતમ લાલભાઇ રૂરલ ડેવલપમેન્ટ ફંડ અને કોટન કનેક્ટ ના સંયુક્ત ઉપક્રમે નિદર્શન પ્લોટ અને ફિલ્ડ સેમિનાર યોજાયો. જેમાં ૧૦૫ ખેડૂતોએ ભાગ લીધો.એન.એલ. ૨૨લ કંડના બીસીસીઆઈ પ્રોજેક્ટ મેનેજૂરશ્રી

# ગઢડા શામળાજી ગામ મળામા કુપોષણ પ્રદર્શન ચોજાચું



આવેલ.

આ પોષણ પ્રદર્શનમાં પોસ્ટર દારા ઉપરી આહારના ફાયદા સમજાવવામાં આવ્યા તેમજ લીલા પાંદડાવાળા શાકભાજી, લીલા શાકભાજી, કઠોળ, સ્થાનિક પાકતા કળો, અનાજનુ પ્રદર્શન ગોઠવવામાં આવ્યુ હતુ અને બહેનોને ૭ માસની

(પ્રતિનિધિ) ખેડબ્રહ્મા, વર્ષો પહેલા ગઢડા શામળાજી ગામમાં તળાવના ખોદકામ કરતા હતા ત્યારે ભગવાન શ્રી કૃષ્ણની મૂર્તિ મળેલ જેની સ્થાપના કરીને મંદિરેનુ નિર્માણ કરવામાં આવેલ સાક્ષાત મૂર્તિમાં ભગવાન શ્રી કૃષ્ણના દર્શન અને તેથી જ જન્માષ્ટમીના

# સોમવાર ૦૪ ઓક્ટોબર, ૨૦૧૯ ઝઘડિયામાં છઠ पूजा निभित्ते સેવાયજ્ઞ

KishnerolC

ભરૂચ: દિનકર સેવા સમિતિ દ્વારા ઝાડેશ્વર ખાતે ઉજવાતા ભવ્ય છઠ પૂજાના પ્રોગ્રામમાં ગુજરાત સ્ટેટ કંટ્રોલ સોસાચટી દ્વારા પુરસ્કૃત નરોત્તમ લાલભાઈ રૂરલ ડેવલપમેન્ટ કંડ દહેવ સંસ્થા દ્વારા પાણીની પરબનું આચોજન કરવામાં આવ્યું હતું. બીજા રાજ્યની પ્રજાને ગતિશીલ બનાવવા માટે તથા તેઓને સાથ-સહકાર આપવાના હેતુથી संस्था दारा तेमना साथे रहीने छठ पूर्भमां पए (भाग लीधो हत) તેમજ એચ.આઇ.વી. એઇડ્સ જાગૃતિલક્ષી સાહિત્યનું વિતરણ કરી આ અવસરમાં પ્રચાર-પ્રસાર કર્યો હતો.

# યમાં નવજાત શિશુ અને માતાઓમાં ાણ પરિવર્તન કાર્ચક્રમ ચોજાચો

ા)ખેડબ્રહ્યા, ભાઈ રૂરલ યા અમલીકૃત મંતર્ગત નાકા ર્તન કાર્યક્રમ ોજ યોજવામાં ૦૦ સગર્ભા, ને કુપોષિત ભાગ લીધો. ાલભાઈ રૂરલ યાના ચેરમેન માઈ ઉપસ્થિત

કેન્દ્રનાં t ખલગ-અલગ મળતાં પોષક ાતાં પ્રોટીનની સ સુધી ફક્ત અને છ માસ ાન સાથે સાથે વાની સમજ

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ભરૂચમાં વિશ્વ એઇડ્સ દિવસ અંગે જાગૃતિ કાર્યક્રમ યોજાયો



ારૂચના રેલ્વે સ્ટેશન ખાતે નરોત્તમ લાલભાઈ રૂરલ વલોપમેન્ટ ફંડ દહેજ, આર.એન.ટી.સી.પી, બીડીએનપી ાસના સંયુક્ત ઉપક્રમે 'વિશ્વ એઇડ્સ દિવસ' નિમિત્તે નજાગૃતિનો કાર્યક્રમ કરવામાં આવ્યો હતો. આ સંસ્થાઓ ા રેલ્વે સ્ટેશન પરથી પસાર થતા રાહદારીઓ, ધંધાદારીઓ, ા ચાલકો અને કોલેજીયનોને એઈડ્સ અને ટીબી જાગૃતિ સાહિત્યનું વિતરણ કરાયું હતું. જેમાં પોસ્ટર પ્રદર્શનનં અયોજન કરાયં હતં

#### • સોમવાર, 02 ડિસેમ્બર, 2019

પાસે તથા સ્થળાંતરિત સમુદાયની

કોલોનીમાં જઈને એચ.આઈ.વી./

એઇડ્સ પ્રિવેન્શન લક્ષી નાટક રજૂ

કરવામાં આવ્યું હતું. જેનો લોકલ

તથા સ્થળાંતરિત લોકોએ ખૂબ

મોટા પ્રમાણમાં લાભ લીધો હતો.

આ ઉપરાંત સંસ્થાના પ્રોજેક્ટ મેનેજર

પ્રીતિ રાશા, એમ એન્ડ ઈ ઓફિસર

લક્ષ્મી કઠેરિયા,આઇસીટીસીના

ઓફિસર અશોક પરમાર દ્વારા

પ્રિવેન્શન લક્ષી વ્યાખ્યાન અપાયં

હતું. સંસ્થાના આઉટરિચ વર્કર

રણજીત ગોહિલ, ઇર્ષાદ પટેલ, યશ

કટારીયા અને અજિત ગોહિલ દ્વારા

प्रिवेन्शन सक्षी साहित्यनुं वितरश

કર્યું હતું. જયારેકાઉન્સિલર જિજ્ઞેશ

ભીંમરાજ દ્વારા સ્થળાંતરિત લોકોનું

રક્ત પરિક્ષણ કરવામાં આવ્યુ હતું.

એઈડ્સ અંગે લોક જાગૃતિ માટે શેરી નાટક સહિતના પ્રોગ્રામ ભરૂચ જિલ્લામાં વિશ્વ એઈડ્સ દિવસ નિમિત્તે વિવિધ કાર્યક્રમો માહિતગાર કરવામાં આવે છે. જેના દ્વારા ક્રિએશન ગ્રુપને બોલાવીને જોલવા બજારમાં,ફિલાટેક્સ કંપની

ભાગરૂપે બિરલા કંપનીના સહયોગ

તેમજ બીડીએનપી+ ના સૈયુક્ત

તમજ ગાડાવા માટે તો લુકુવા ઉપક્રમે "સમુદાય દ્વારા બદલાવ" થીમ અનુરૂપ ખોજબલ ગામની 70 અને શહેરની સબજેલની કેદી

બહેનો સાથે બી.ડી.એન. પી.+

સી.એસ. સી. દ્વારા જાગ્રતિ પોગ્રામ

રાખવામાં આવ્યો હતો.જેમાં

ગામની બહેનોને એચ. આઇ. વી

/એઈડ્સ અંગે માહિતી આપવામાં

આવી હતી.જેમાં જેલ અધિક્ષક

એલ.એન.રાઠોડ પ્રયાસ સંસ્થાના

મેઘાબેન સાથે બિરલા કંપનીના

એચઆર તેમજ બીડીએનપી+સ્ટાફ

હાજર રહ્યો હતો.જયારે વાગરા

તાલુકા જોલવા ગામ ખાતે નરોત્તમ

લાલભાઈ રૂરલ ડેવલોપમેન્ટ કંડ દારા વિશ્વ એઈડ્સ દિવસની

ઉજવણી કરવામાં આવી હતી. સંસ્થા

દિવ્ય ભાસ્કર

ભરૂચ જીલ્લામાં 1 ડિસેમ્બરના રોજ વિશ્વ એઈડ્સ દિવસની ઉજવશી રવામાં આવી હતી.જેના ભાગરૂપે ગ્લ્લામાં અલગ અલગ સંસ્થાઓ મને સંગઠનો દ્વારા અલગ સ્થળોએ લોક જાગૃતિના નાટકો અને કાર્યક્રમો યોજ્યા હતા.જેમાં મોટી સંખ્યામાં લોકોએ હાજર રહીને એચઆઈવી બને એઈડ્સ અંગે માહિતી મેળવી ha

1લી ડિસેમ્બરના રોજ વિશ્વ બેઈડ્સ દિવસ તરીકે ઉજવણી કરવામાં આવે છે. ગુજરાતમાં અંદાજે 97 હજારદર્દીઓ એઈડસના દર્દીઓ જેમાં ભરૂચ જીલ્લાની વાત કરીએ તો 1500 જેટલા દર્દીઓ છે.ત્યારે



ફાયદાઓ વિશેની ખૂબ જ ઉપયોગી

પ્રકારની ભાજી, કઠોળ અને સ્થાનિક

ફળોનાં પ્રદર્શન થી બહેનોને

માહિતગાર કરવામાં આવ્યાં.

અંતમાં સંસ્થાના પ્રતિનિધિ

વાસુદેવભાઈ પટેલે આભાર વ્યક્ત

લીલા શાકભાજી, વિવિધ

માહિતી આપી.

કર્યો હતો. ★

કાર્યક્રમના અંતમાં નરોત્તમ લાલભાઈ રૂરલ ડેવલોપમેન્ટ ફંડ સંસ્થાના ચીફ મેનેજર શ્રી કાંતીભાઈ પટેલે ઉપરોક્ત તજજ્ઞોએ આપેલી માહિતીને રોજિંદા જીવનમં ઉતારવા

અને તેનાથી આવવા સબંધ નરોત્તમ સગભાવસ્થા ડેવલોપમેન્ટ દરયમાન આહાર અને આરામ, તેમજ આંગણવાડીની વિવિધ મણીલાલ પટેલ પોસ્ટર દ્વારા સ સેવાઓ વિશેની સમજ આપી.

પોષકતત્વો, કઠોળમાંથી મળતા પ્રોટીનની સમજ આપી. પીઅચસીના મેડિકલ ઓફિસર શ્રીચિંતનભાઈ વોરાએ પ્રથમ કલાકમાં ફકત માતાનું ધાવણ, ધાવણની પધ્ધતિ વિશેની સમજ આઈસીડીએસના આપી.

યુનિસેફ પુરસ્કૃત અને નરોત્તમ લાલભાઈ રૂરલ ડેવલોપમેન્ટ ફંડ સંસ્થા અમલીકૃત "પરિવર્તન" કાર્યક્રમ હેઠળ સુપોષણ અભિયાન કાર્યક્રમ ચાર કલ્સટરમાં રાખવામાં આવી. જેમાં ગઢડા શામળાજી, હિંગટીયા અને પોશીનામાં સુપોષણ અભિયાન કાર્યક્રમ ચલાવવામાં આવ્યો. જેમાં ૮૦૦થી વધુ સગર્ભા બહેનો, ધાત્રી માતાઓ કુપોષિત બાળકોની અને માતાઓએ ભાગ લીધો. કાર્યક્રમમાં સ્થાનિક લેવલે ઉપલબ્ધ પોષણ સંબંધી શાકભાજી, કઠોળ, ફળોનું

(પ્રતિનિધિ) ખેડબ્રહ્મા,

આપી. જેમાં શું શું આપી શકાય તેની વિસ્તૃત માહિતી આપી.

ડેવલપમેન્ટ ફંડ સંસ્થાનાં ચેરમેન

શેઠ સંવેગ લાલભાઈએ રોજીંદા

જીવનમાં લીલા શાકભાજીનું

મહત્ત્વ અને બાળકોને નાનપણથી

જ પૌષ્ટિક આહાર આપવા તેમજ

તેનાથી ભવિષ્યમાં થનાર

નરોત્તમ લાલભાઈ રૂરલ

લોકોમાં તે હેતુથી ાળાંતરિત માવ્યું હતું



# ર્ગત સેનેટરી નેપકીન અવેરનેસ પ્રોગ્રામ યોજાયો

બહ્યા. 24-3 ોલેજ અનો સંયુક્ત ના રોજ -િીઓ ચ્રપ. શાહ. પાબેન Sell ભમાં ાર ડો ારિચય **ા**યં શ્<del>રી</del> વાગત 28921 બહેના ા વિષે પવામાં 523



ઉભી કરાશે. આ કાર્યક્રમમાં બી.એ.સેમ- ૨ ની ૨૫૦ બહેનો હાજર રહી હતી. સમગ્ર કાર્યક્રમનું આયોજન વુમનસેલના કન્વીનર ડો. મંજુ ાહેરમાં કામ કરતી સંસ્થાઓ દારા ખેર દારા કરાયું હતું. ★ દ્યોકોને યોગ્ય સમજણ આપીને

પ્રતિનિધિએ

વિદ્યાર્થીનીઓને એક એક સેનેટરી નેપકીન આપવામાં આવ્યા. આ સાથે વિદ્યાર્થીઓને निरंतर सेनेटरी नेपडीन सस्ता દરે (૩૦ ટકા ઓછા ભાવે) મળી રહે એ માટે કોલેજમાં વ્યવસ્થા



સુપોષણ અભિયાન કાર્યક્રમ યોજાયો







# **GET IN TOUCH**

## **ADMINSTRATIVE OFFICE**

## Mr. K. P. Patel – Chief Manager Narottam Lalbhai Rural Development Fund (NLRDF)

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## **FIELD OFFICES**

#### Khedbrahma

#### NLRDF

Behind Gayatri Temple At. Khedbrahma, District: Sabarkantha

## ldar

NLRDF E-207 Damodar Complex Opp-SBI Bank, At. Idar, District: Sabarkantha

## Dahej - Bharuch

## NLRDF

304, Sanskar Avenu, At. Jolve, Dehej Road District: Bharuch